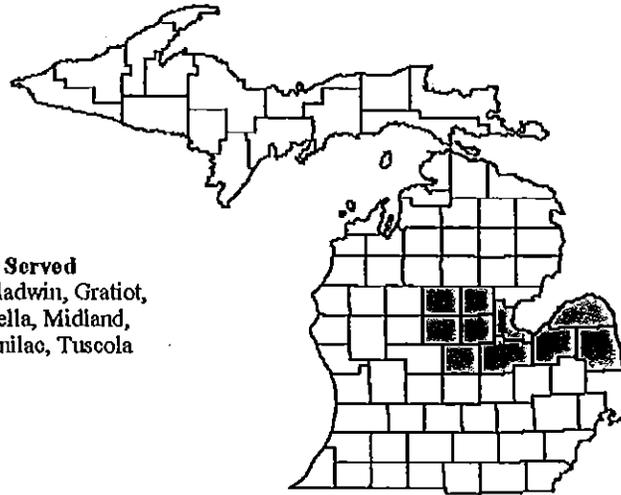




2013 ANNUAL IMPLEMENTATION PLAN

REGION VII AREA AGENCY ON AGING



Areas Served
Bay, Clare, Gladwin, Gratiot,
Huron, Isabella, Midland,
Saginaw, Sanilac, Tuscola

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County/Local Unit of Govt. Review

The AAA must send a letter requesting approval of the final AIP by June 29, 2012, as well as a copy of the final AIP, with delivery and signature confirmation, to the chairperson of each County Board of Commissioners within the PSA requesting approval by July 31, 2012. For a PSA comprised of a single county or portion of the county, approval of the AIP is to be requested from each local unit of government within the PSA. If the AAA does not receive a response from the county or local unit of government by July 31, 2012, the AIP is deemed passively approved. The AAA must notify their OSA field representative by August 1, 2012 whether their counties or local units of government formally approved, passively approved, or disapproved the AIP.

The AAA may use electronic communication, including email and web site based documents, as an option for acquiring local government review and approval of the Area Plan. To employ this option, the AAA must:

--Send a letter through the US mail, with delivery and signature confirmation, to the chief elected official of each appropriate local government advising them of the availability of the final draft AIP/MYP on the Area Agency's website. Instruction for how to view and print the document must be included.

--Offer to provide a printed copy of the AIP/MYP via US mail or an electronic copy, via e-mail, if requested.

--Be available to discuss the AIP/MYP with local government officials, if requested.

--Request e-mail notification from the local unit of government of their approval of the AIP/MYP, or their related concerns.

Describe the efforts made to distribute the AIP/MYP to and, gain support from the appropriate county and/or local units of government.

AAA Response:

A letter will be sent on or before June 29, 2012 via U.S. Mail with delivery and signature confirmation to each county Board of Commissioners in our Planning and Service area and to the Saginaw Chippewa Indian Tribe advising that the final draft of the AIP/MYP is available on the www.region7aaa.org website. Instructions will be provided on how to view and print the document and ask for county/tribal approval by July 31, 2012 via e-mail notice, and/or documentation of any concerns with the plan.

The letter will also offer to provide a hard copy of the AIP/MYP plan by U.S. Mail, or an electronic copy to be e-mailed as well as invitation to meet and discuss the AIP/MYP and related issues/concerns.



Plan Overview

The purpose of the Plan Overview is to provide a succinct description of the priorities being set by the Area Agency for the use of OAA and State funding in FY 2013.

The Plan Overview should, in 825 words or less, include the following:

- A summary of services to be provided under the Plan.
- Highlights of accomplishments for program development objectives.
- A description of goals and strategies for accomplishing them.
- A description of special projects and partnerships.
- Highlights of any substantive changes from the FY 2012 AIP. Please specifically note if there are No substantive changes from the FY 2012 AIP.**

AAA Response:

Region VII Area Agency on Aging allocates funding received from the Office of Services to the Aging (OSA) to providers in the following ten counties: Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, and Tuscola using a formula that takes poverty and rural demographics into consideration. There are no substantive changes from the agency's FY2012 Annual Implementation Plan.

In coordination with the aging network, Region VII AAA provides or contracts Access, Community, and In-home services to maintain the comprehensive, coordinated and cost-effective system of home and community-based long term care necessary to adequately support the needs and desires of older adults and people with disabilities and their family caregivers.

Access services include: Case Coordination and Support, Care Management, MI-Choice Medicaid Home & Community-based Waiver, Michigan Medicare/Medicaid Assistance Program, Transportation, Outreach and Advocacy.

Community and In-Home services are contracted through the county units on aging and other providers and include: Congregate Nutrition, Senior Center Staffing, Kinship/Older Relative Programs, Caregiver Training and Education, Disease Prevention/Health Promotion, Adult Day Care, Legal Assistance, Elder Abuse Prevention, Long-term Care Ombudsman, Home Repair, Senior Community Service Employment Program, Home-Delivered Meals, Personal Care, Respite, Homemaking and Chore Services.

Services provided through Region VII AAA target people who are 60 years of age or older and who have the greatest social and economic need. Particular attention is given to low-income minority persons and those who are frail and disabled. Family caregivers of people 60 or older and grandparents and relatives age 55 and older who provide for a child 18 or younger are also priority populations. All services may not be available in all counties.

In Fiscal Year 2013, Region VII AAA and convening partner the Blue Water Center for Independent Living will continue leading the emerging ADRC of the Thumb process in Huron, Sanilac and Tuscola counties.

Region VII AAA expects to meet or exceed stated goals for improving nutrition, expanding knowledge and awareness of elder abuse and exploitation particularly in Bay County where the agency has partnered with



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law enforcement and social services in administration of a U.S. Department of Justice grant to educate law enforcement, and establish a protocol for handling elder abuse and financial exploitation cases, and in Saginaw County where the Sheriff and older adults have expressed a desire to establish a TRIAD initiative. Advocacy efforts will continue with the voluntary Senior Advisory Group initiating conversations on items that impact the health, safety and well being of the region's older adults.

Region VII AAA's Medicaid Home and Community-based Waiver program expects to continue transitioning people currently living in skilled nursing facilities, who meet program criteria and wish to reside in the community back to the community as funding allows.

To accomplish these goals, the agency will continue to focus on building relationships in the communities served, continue expanding evidence-based workshops and working with the Veteran Administration's Self-Directed home and community-based services program, and closely follow developments at the federal, state and regional level regarding legislation, advocacy and funding streams, particularly with regard to the Michigan Department of Community Health's proposal for Integrating Care for those persons who are eligible for Medicare and Medicaid, known as the "dual-eligible's" and also will utilize a small grant from the Michigan Consumers for Healthcare to educate older adults and service providers about the Affordable Care Act.

In FY2012, Region VII Area Agency on Aging contracted with Boston University to provide online coursework leading to a Certificate in Gerontology at no charge to agency nurses and social work staff. This program continues into FY2013.



Public Hearings

In order to gather information regarding the needs of older adults in the PSA, a public hearing on the AIP must be held in the PSA. The hearing must be held in an accessible facility. Persons need not be present at the hearing in order to provide testimony; e-mail and written testimony must be accepted for at least a thirty (30) day period beginning when the summary of the AIP is made available. The public hearing notice should be available at least thirty (30) days in advance of the scheduled hearing. This notice must indicate the availability of a summary of the AIP at least fifteen (15) days prior to the hearing, and information on how to obtain the summary. Persons who should be notified of the public hearing include elected officials, service providers, older adults, Native Americans both on and off reservation, and the general public. All components of the AIP should be available for the input forums and public hearings.

Complete the chart below regarding your public hearing. Include the date, time, number of attendees and the location and accessibility of the public hearing. Please scan any written testimony as a PDF and upload in the tab below.

A narrative description of the public hearing is also required. Please describe the strategy/approach employed to encourage public attendance and testimony on the Area Plan. Describe all methods used to gain public input and the resultant impact on the Area Plan.

AAA Response:

Date	Location	Time	Is Barrier Free	No of Attendees
06/06/2012	Clare Castle Senior Dining Site	12:00 PM	Yes	25
06/14/2012	Huron County Senior Center	12:00 PM	Yes	30

Narrative:

The hearings were advertised and scheduled for noon which is the prescribed time for lunch to be served at each location.

CLARE HEARING COMMENTS While a small number of persons left following the meal, 25 stayed and listened to our presentation, applauding at some points and offering comments. The only comments relevant to the AIP were a compliment for the dining site manager, and concern about parking for those who do not live in the adjacent senior apartment complex. The Region VII AAA Contract Manager will mention parking concerns to the County Director of Senior Services, and the dining site manager indicated that if a participant indicates they would like assistance she will arrange for them to be escorted to and from the designated parking area. Region VII AAA staff indicated that comments would be accepted in a variety of mediums and provided suggestions on where to find the telephone number for the agency (i.e. cover of the AIP draft document), or on the complimentary ink pens that were distributed. The hearing concluded at about 1 p.m.

BAD AXE/HURON COUNTY COMMENTS: There was a nice mix of people at this hearing including the



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Region VII AAA board member who represents the older adults in Huron County, several representatives of various contracted service providers and many interested older adults/members of the Huron Senior Center. Most of the crowd were easily engaged in our presentation and asked good questions. Among them, what qualifies someone to receive "home-delivered meals" vs. coming to a congregate nutrition site, and discussion regarding two items on the August primary ballot; the first about senior millage renewal, and the second asking voters to approve an increase. Region VII AAA Board Member Hank Weitenberner did an excellent job outlining how all funding sources work together to serve seniors and Stacey Dudewicz Region VII AAA Contract Manager detailed the services available.

Available Resources & Partnerships

Please describe planned efforts to create new partnerships and identify new resources in the PSA during FY 2013. List current partnerships as well as those that are under consideration. Identify all senior millage by local unit of government including an estimate of the total funding to be available for FY 2013 and the services expected to be supported. Describe how these resources relate to the services provided under the AIP.

AAA Response:

Region VII AAA continues to work on building and strengthening existing relationships with service providers, county commissions, senior councils, human service collaborative bodies and subsets, as well as DHS office staff, community mental health organizations, disability groups, private organizations and individuals who share our mission of serving older adults and people with disabilities in our 10-county planning and service area. OSA funding typically makes up about 20% of a county's money for senior programming. All counties in our planning and service area rely on a millage, as well as donations from those who use services.

In FY 2013, expect to see an increase in our work partnering with health care providers to offer evidence-based workshops throughout the planning and service area including the YMCA, Alzheimer's Association, Home Health Care companies, and hospital organizations.

In FY 2013, expect to see ground work on programs to create transportation solutions for vulnerable adults and also more interaction with hospital and nursing home staff concerned with patient re-admission rates.

We look forward to the outcome of the Michigan Department of Community Health's proposal for the dual-eligible population with regard to meeting the home and community-based needs of our population.

In Saginaw County, preliminary talks are underway to develop a Sheriff / Senior Citizen TRIAD.

Region VII Area Agency on Aging contracts with Boston University to provide online coursework leading to a Certificate in Gerontology which is available to agency social workers and nurses at no charge.

New Partnerships for FY 2013 include development of an evidence-based workshop for chronic pain management.

Existing Partnerships expected to continue into FY 2013 include:

- VD-HCBS - Saginaw Veteran Administration Veteran's Directed home and community-based services.
- PATH with hospitals and other community organizations.
- Creating Confident Caregivers with partner organizations; Midland County Senior Services, Human Development Commission, Golden Horizons Adult Day Care, and Alzheimer's Association.
- Matter of Balance with partner organizations including American Home Health Care, Midland County Senior Services, Bay County Division on Aging, Isabella County Commission on Aging, Saginaw County Community Action Committee, Clare County Senior Services, and St. Mary's Hospital.
- Local, regional, state utilities for the purpose of Gatekeeper programs---negotiating assistance for vulnerable adults.



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- MMAP volunteers
- Long-term care ombudsman volunteers
- CMU DEER Center Advisory Board
- Saginaw Chippewa Indian Tribe Andawood representatives
- ARC of MI, local ARCs, Disability Network of mid-MI, Blue Water Center for Independent Living
- Skilled Nursing Facilities, Licensed settings including; Assisted Livings, Foster Care Homes, and Homes for the Aged as well as unlicensed residential settings.
- ADRC relationships in Huron, Sanilac, Tuscola counties
- Bay County law enforcement, prosecuting attorneys and others for the purpose of administering the U.S. Dept. of Justice grant to train law enforcement and develop a protocol for financial exploitation/elder abuse/neglect specific to this county.



Access Services

Some Access Services may be provided to older adults directly through the AAA without a service provision request. These services include the following: Care Management; Case Coordination and Support, Disaster Advocacy and Outreach Program; Information and Assistance; Outreach, and MATF Transportation.

If you are not planning to provide access services directly during FY 2013, do not complete this tab.

Place a checkmark in the box next to the service and complete the chart for each Access Service your agency plans on providing during FY 2013. Also provide a detailed FY 2013 work plan, including a list of goals, expected outcomes and timelines, in the appropriate text box for each service category. Indicate whether or not your agency is planning on providing TCARE Caregiver Assessment and Care Planning, by checking yes or no as indicated under I&A for Caregiver Information and Assistance or under Care Management for Caregiver Case Management.

Additional documents for Care Management are located in the Document Library. Please complete and upload on the "Budget and Other Documents" tab.

Care Management

<u>Starting Date</u>	10/01/2012	<u>Ending Date</u>	09/30/2013
Total of Federal Dollars		Total of State Dollars	\$172,376.00

Geographic area to be served:

Huron, Sanilac, Tuscola counties.

List each goal for the program, including timeline and expected outcome:

Goal 1: Offer individuals in need of long-term care assistance choices that emphasize dignity, independence and quality of life.

Staff assist individuals enrolled in the Care Management program by linking and coordinating care options within their community, which allows them to remain safely in their homes, maintain independence and preserve quality of life.

Goal 2: Ensure appropriate care delivery to program participants.

Program participants receive assistance required for them to remain in their home environment as determined by quarterly in-home re-assessments and individualized care plans. Strong emphasis on utilization of community resources.

Goal 3: Build and maintain professional relationships to ensure that quality care is provided to program participants.

Staff knowledge of community resources and communication with caregivers, homemakers, personal care and respite staff ensure that each client receives quality services from trained professionals. On-site provider monitoring and semi-annual peer reviews reinforce the commitment to quality care.



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Goal 4: Enhance the agency Quality Management Plan

Ensures that the program participants receive optimal, quality care that meets or exceeds established standards of care.

Goal 5: Continue attendance at CM meetings sponsored by OSA.

Maintain effective communication with OSA Staff regarding Care Management polices/procedures/practices.

Goal 6: Continue involvement in implementing T Care.

Ensures that the needs of caregivers are identified in an effort to assist them in their provision of informal support to participants.

Goal 7: Participate in training opportunities related to the eventual implementation of the Community Living Program.

Participant choice will be honored and they will maintain independence in the least restrictive community setting of their choice.

Number of client pre-screenings:	Current Year:	48	Planned Next Year:	48
Number of initial client assessments:	Current Year:	24	Planned Next Year:	24
Number of initial client care plans:	Current Year:	24	Planned Next Year:	24
Total number of clients (carry over plus new):	Current Year:	50	Planned Next Year:	50
Staff to client ratio (Active and maintenance per Full time care	Current Year:	1:25	Planned Next Year:	1:25

MATCH:

Source of Funds	Cash Value:	In-kind	\$19,153.00
Source of Funds	Cash Value:	In-kind	
Source of Funds	Cash Value:	In-kind	

OTHER RESOURCES:

Source of Funds	Cash Value:	In-kind
Source of Funds	Cash Value:	In-kind
Source of Funds	Cash Value:	In-kind

Information and Assistance

<u>Starting Date</u>	10/01/2012	<u>Ending Date</u>	09/30/2013
Total of Federal Dollars		Total of State Dollars	\$42,760.00

Geographic area to be served:



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Region VII AAA Planning and Service area: Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac and Tuscola counties.

List each goal for the program, including timeline and expected outcome:

Goal 1: Promote the professionalism of Information & Assistance department.

Participate in state and national organizations.

Pursue additional education beyond current AIRS certification.

Conduct monthly quality assurance surveys: 10% of calls received. Provide round table event annually if needed.

Goal 2: Provide training for focal point staff.

Promote and provide up-to-date information/resource exchange.

Goal 3: Market I&A services throughout the region.

Update www.region7aaa.org and resource links.

Write and distribute monthly articles.

Utilize media to increase community awareness of services.

Promote public awareness to community groups and faith-based organizations.

Attend senior fairs.

Goal 4: Promote ADRC.

Establish strong local partnerships.

Continue to develop ADRC initiatives.



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Other Service Provisions

This section is for new Service Provision Requests.

It is expected that in-home services, community services, and nutrition services will be provided under contracts with community-based service providers. However, when appropriate, a service provision request may be approved by the State Commission on Services to the Aging. Service provision is defined as "providing a service directly to a senior, such as preparing meals, doing chore services, or working with seniors in an adult day setting." Service provision by the Area Agency may be appropriate when in the judgment of OSA:

- Provision is necessary to assure an adequate supply.
- The service is directly related to the Area Agency's administrative functions.
- A service can be provided by the Area Agency more economically than any available contractor and with comparable quality.

AAAs that request to provide an in-home service, community service, and/or a nutrition service must complete the section below for each service category.

If you do not plan to offer any new In-home, Community, or Nutrition Services directly, please skip this tab.

Indicate in the box next the service and enter the required data for any new Service Provision Request for fiscal year 2013. If a Service Provision request has already been approved in the FY 2-10-2012 MYP or with a respective AIP, it does not have to be approved again for FY 2013. However, an updated FY 2013 Work Plan and Budget Detail are still required and must be completed for each service provided. A Work Plan and budget form are located in the Document Library and should be uploaded under the Budget and Other documents tab.

Disease Prevention/Health Promotion

<u>Starting Date</u>	10/01/2012	<u>Ending Date</u>	09/30/2012
<u>Total of Federal Dollars</u>	\$5,000.00	<u>Total of State Dollars</u>	

Geographic area to be served:

Entire Region VII PSA.

List each goal of the program, including the timeline and expected outcome of the program:

FY 2013 increase offerings of evidence-based workshops on the following subjects: Falls prevention: (Matter of Balance), Chronic pain management or arthritis management, Chronic health conditions (PATH Personal Action Towards Health).

Work plan including activities and expected outcome:

HR/Marketing Manager along with the MMAP Coordinator, Medicaid MI Choice Waiver Nurse Supervisor, Waiver social work staff and others will work to increase the number of workshops offered and relationships built with service providers and volunteers in the community.



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Rationale: Why is it appropriate for the Area Agency to provide this service?

It is increasingly recognized by experts in the field of aging that evidence-based program models offer positive outcomes for older adults, the added local investment in these programs by the AAA will provide the resources necessary to adequately cover our ten-county planning and service area.

Program Development Objectives (State)

There are two tabs for FY 2013 Program Development Objectives. This tab relates to the four State Plan Goals. Provide information for all new and ongoing program development objectives that are related to State Plan Goals for FY 2013. Please identify for each objective the following:

- Resources to be mobilized/utilized.
- Staff positions and time to be allocated to the objective. (Expressed as total FTEs per objective.)
- The desired outcome.

AMPS contains a separate page for each of the four goals and the required narrative. The Program Development narrative should explain how both state-related and regional program development efforts for FY 2013 are intended to improve the quality of life of older adults in the PSA. It is OSA's expectation that program development efforts be meaningful to older adults within the PSA.

State Plan Goal: Goal One

Work to Improve the health and Nutrition of Older Adults

AAA Response:

Objective:

Increase participation in evidence-based workshops by those who visit senior centers.

Timeline:

On-going

Activities:

In FY 2012, the agency offered three evidence-based programs. Personal Action Towards Health, Creating Confident Caregivers using the Savvy Caregiver Method and Matter of Balance. In FY 2013 Region VII AAA will add an evidence-based chronic pain management workshop to our programs.

The agency provides notification of upcoming evidence-based workshops including PATH workshops (Personal Action Towards Health) to staff, agencies and organizations in the counties and locations where workshops will be held and advertises in Senior newsletters and newspapers.

Region VII AAA staff and our Personal Action Towards Health (PATH) partners, Creating Confident Caregiver partners and Matter of Balance partners work together to promote upcoming programs. Region VII AAA also makes the information available to all contract service providers thru the electronic Vendor View system.

Resources mobilized: Agency staff coordinates with providers to promote and teach the evidence-based workshops at focal points.

Trainers routinely conduct presentations about the workshops at nutrition sites and provide information to other groups and organizations.



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Programs established:

Region VII AAA offers PATH, Creating Confident Caregivers using the Savvy Caregiver method and based on the success of those two programs, the agency began exploring a third in late FY12 designed to reduce falls called Matter of Balance.

Staff Positions/Time Allocated:

Staff	% time: Creating Confident Caregivers	% time: PATH
Kara Perez, Social Worker	2.5% ---	
Kristina Rubis, HR/Marketing	--- 4.2%	
Kristi Bueche, MMAP Coordinator	.7% .4%	
Annette Jeske, Program Dev./Grants	2.7% ---	
Lisa Pijasek, Fiscal	.8% .2%	
Drew Orvosh, Exec. Dir.	.4% ---	
Stacey Dudewicz, Contract Mgr.	2% 1.2%	

Expected Outcome:

To meet the varied needs of older adults in our PSA by offering evidence-based workshops at a variety of times and locations in the communities.

AAA Response:

Objective:

Region VII AAA Contract Manager works closely with nutrition providers to make sure that funds are being utilized properly and that balances are transferred to areas or programs with the most need.

Timeline:

On-Going.

Activities:

Site visits, phone consultations and monitoring use of funds and fund balances as well as meeting technical assistance as required by the Office of Services to the Aging (OSA) and others.

Expected Outcome:

Good management of the funds dedicated to provide nutrition services to older adults in the Region VII AAA Planning and Service Area.

State Plan Goal: Goal Two

Ensure That Older Adults Have a Choice in Where They Live Through Increased Access to Information and Services

AAA Response:

Objective:

Participate in at least one community-wide event in each of the ten counties during FY 2013.



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Timeline:

On-going.

Activities:

Participate in at least one community-wide, highly visible health/senior fair, expo or event in each of our ten counties during the year preferably a county-wide senior fair, health fair, or county homeless connect.

Resources mobilized: Marketing materials, information and collateral tailored to meet the needs of the audiences.

Programs established: Topical presentations tailored to the audiences and events, including; NCOA Senior Scam Slide Shows, MMAP Presentations, Region VII AAA overviews, and information about evidence-based workshops.

Staff Positions/Time Allocated: As invited, requested or required to participate.

Expected Outcome:

Build awareness and increase use of Region VII AAA's Information and Assistance and Michigan' Medicare/Medicaid Assistance programs. Effectively reach and educate those who are eligible, but not connected with a direct service provider in their community

AAA Response:

Objective:

Continue to encourage staff participation in county Continuum of Care meetings.

Timeline:

On-going.

Activities:

Staff participation in county Continuum of Care meetings. Sharing among staff of information brought back from county Continuum of Care meetings.

Same information to be provided to Region VII AAA's transition program staff, Housing Coordinator for the directory of licensed settings, and to Information and Assistance for their use.

Resources mobilized: Agency brochures. Business cards.

Programs established: Annual review of Region VII AAA's service offerings with each County Continuum of care in our PSA and updates as needed.

Staff Positions/Time Allocated: Participation in Continuum of Care groups is shared between the Medicaid Housing Specialist and the Program Development/Grants Mgr.

Outcome: Agencies and individuals throughout our PSA will know to refer older adults and persons with disabilities who are seeking information about licensed settings, and residential options to the Region VII



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AAA.

Expected Outcome:

Increased use of Information and Assistance department. Continue building relationships with housing providers and those who fund them.

AAA Response:

Objective:

Educate all agency staff about the Region VII AAA mission and update staff routinely about Region VII AAA's involvement and participation in activities and events throughout the PSA.

Make known to staff the role and resources available through Region VII AAA's Housing Coordinator, how to refer an individual to Information and Assistance and any new residential and/or housing options as they become available.

Timeline:

On-going

Activities:

Routine presentations by Program Development/Grant Manager, Human Resources and Marketing and the Housing Coordinator to the MI-Choice Waiver staff at their staff meetings. Resources mobilized photocopies of relevant material, electronic production /distribution of program announcements, videos and web content.

Programs established:

- Senior Advisor newsletter, blog site and related materials.
- Routine presentations regarding current events/activities at MI Choice waiver staff meetings.
- Use of the all staff e-mail forwarding as events/activities and news becomes available throughout the PSA.
- "All Staff" meetings held monthly following board meeting.

Staff Positions/Time Allocated: Nominal amount of Program Development/Grant manager time to communicate activities and events in the PSA.

Outcome: FY2012 saw a measurable increase in the number of walk-in's and phone calls to the Region VII AAA's Information and Assistance program with a 95% approval rating from those seeking information. We expect this positive trend to continue in FY2013.

As communities become aware of the Region VII AAA database of licensed settings and other residential options as compiled by the Medicaid MI Choice Housing Coordinator they are referring individuals seeking housing as well as other services and information the agency can provide.

Expected Outcome:

Increased number of referrals to Information and Assistance. Well-informed case managers, new



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relationships with others working in human services in our PSA.

AAA Response:

Objective:

Provide individuals living in licensed settings with options outside of MI-Choice Waiver.

Timeline:

On-going

Activities:

Ensure that the Nursing Facility Transition teams and other staff doing presentations in the community have the most up-to-date information to share from the agency's Housing Coordinator.

Continue information exchanges and relationship building with other organizations that participate in transition work such as the Disability Network of Mid Michigan and the Blue Water Center for Independent Living.

Build on prior person-centered thinking aspects as a foundation of what will someday become a community living program.

Resources mobilized: Continue research by Program Development/Grants Mgr and others into CLP best practices and programs at other Area Agency on Aging offices around the state and work on how to integrate I&A, PCP, and ADRC components including options counseling into a functioning CLP.

Programs established: None at the present time.

Staff Positions/Time Allocated: Program Development Manager dedicates about 5 hours/month to the future of a Community Living Program at Region VII AAA.

Continue monitoring developments from the Statewide ADRC workgroups.

Expected Outcome:

Continue developing the necessary components of a community living program for Region VII AAA. Continue to make appropriate referrals to transition partners and community agencies. Continue work on the emerging ADRC of the Thumb.

State Plan Goal: Goal Three

Protect Older Adults From Abuse and Exploitation

AAA Response:

Objective:

Provide access to information and materials to anyone contacting Region VII AAA seeking to prevent, report or resolve a problem of elder abuse or financial exploitation.



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Timeline:

On-going.

Activities:

Resources mobilized: Monitor and update the resources available in the Information & Assistance database and also make available materials and education including NCOA Senior Scam slide show, facilitator guide and handouts; phone numbers and access to MI Attorney General's Senior Brigade office.

Promote the services of the U.S. Postal Inspection Service, the MI Attorney General's Senior Brigade and other methods for inhibiting financial exploitation and scams that utilize the U.S. Mail service, or public resources.

Programs established: Many resources and links are available thru the www.region7aaa.org website, others by calling Information & Assistance.

Staff Positions/Time Allocated: Less than 1% of staff time is dedicated to the determination of materials, resources and website updates.

Outcome: Provide easy to access information on the Region VII AAA website and the Senior Advisor web blog.

Offer presentations for the general public, as well as provider agency staff.

Expected Outcome:

Build awareness of the scope and prevalence of elder abuse, self neglect and financial exploitation in our PSA and make resources available for combatting it.

AAA Response:

Objective:

Continue advocating and educating the general public about the prevalence of elder abuse and neglect and encourage them to be the eyes and ears of the vulnerable adult population

Timeline:

On-going.

Activities:

Resources mobilized: NCOA Senior Scam slide show and other programs.

Routine updates to Senior Citizen and Law Enforcement TRIADS, human service collaborative groups, and Senior Councils.

Presentations to Rotary and Kiwanis clubs.

Development of a blog site www.thesenioradvisor.wordpress.com as a forum for discussion of elder abuse issues and other concerns of older adults.



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Region VII Area Agency On Aging

FY: 2013

Development and distribution of a quarterly Senior Advisor newsletter to compile and share the thoughts of interested parties in our PSA.

Programs established: Topical presentations tailored to the audiences and events, including; NCOA Senior Scam Slide Shows, MMAP Presentations, Region VII AAA overviews.

Senior Advisory Group, meetings, blog, and advocacy efforts.

Staff Positions/Time Allocated: As invited, requested or required to participate in efforts. Program Development/Grant manager time dedicated to the development of the Senior Advisory Group effort and materials and communication methods. Social work staff distribute information regarding long term care ombudsman services.

Outcome: Increase in interest in resolving financial exploitation and elder abuse issues. Increased use of the Long-term care Ombudsman services as demonstrated in reporting, potentially due in part to the fact that each social worker and/or nurse visiting licensed settings or skilled nursing facilities on behalf of the Medicaid MI Choice Waiver program has distributed their brochure.

Invitations to present the NCOA Senior Scam Slide Show to Rotarians and others who are primarily business people in the various communities of our PSA.

A number of small group meetings open to anyone interested in long-term care and aging were held around the region with the results and "issues" list printed and distributed in the Senior Advisor as a prompt for advocacy.

E-mail notifications when advocacy is suggested by the 4AM, or State Office of Services to the Aging on an issue of importance to older adults and people with disabilities.

Resources mobilized: Time and talent of Program Development/Grants Manager and others to assist Bay County in developing a proposal to the US Dept. of Justice Office of Violence Against Older Women for the purpose of establishing a law enforcement protocol for the handling of vulnerable adult abuse/neglect/financial exploitation.

Programs established: Region VII AAA sits on the Bay county ATM task force whose purpose it is to craft a working protocol for human services, law enforcement and the community in handling these types of crimes.

Program Development/Grants Manager is also working with the Saginaw Sheriff and Region VII AAA Advisory Council member and the County Commission on Aging to develop a senior citizen TRIAD for Saginaw County.

Program Development/Grants Manager also routinely reports to most of the Human Service Collaborative bodies or subsets in each of the region's counties on the subject of elder abuse and financial exploitation.



Region VII Area Agency On Aging

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Staff Positions/Time Allocated: Program Development/Grants Manager, MI Choice Waiver Social Work Supervisor. 2 hours/month/each.

Outcome: Bay County Division on Aging will hold the grant that was awarded to the community from the US Dept. of Justice, and along with Region VII AAA and other partners will meet the requirements for developing the protocol and educating law enforcement, and the community at large.

Expected Outcome:

Heightened awareness of the issue of elder abuse and neglect and reduced fear of reporting potential neglect and abuse.

AAA Response:

Objective:

Help communities who request support or technical assistance to write for specific funding, or to establish elder abuse/financial exploitation programs.

Timeline:

On-going.

Activities:

Resources mobilized: Time and talent of Program Development/Grants Manager and MI Choice Waiver Social Work Supervisor in working with Bay County in the development of a vulnerable adult protocol. Support for the task force and provide in-kind use of agency resources as law enforcement, legal and community trainings are initiated using the U.S. Dept. of Justice Office of Violence Against Older Women funding that was secured by Bay County Division on Aging and partners including Region VII AAA.

Programs Developed: Continue work with Saginaw County Sheriff, Commission on Aging and advocates for older adults to develop a Sheriff and Senior Citizen TRIAD, (or similar model) for communicating issues of importance regarding financial scams, crime and other information.

Staff Positions/Time Allocated: Program Development/Grants Manager, MI Choice Waiver Social Work Supervisor. 2 hours/month/each.

Expected Outcome:

Bay County Division on Aging holds a grant that was awarded to the community from the US Dept. of Justice and along with Region VII AAA and other partners. In year one, the group will meet the requirements for training law enforcement and host a community kick-off event.

In Saginaw County, by the end of FY 2013 a TRIAD or other group is expected to be established.

In all other counties in the Region VII PSA, routine reporting to senior councils, human service collaboratives and other groups is expected to continue.

AAA Response:

Objective:



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Region VII Area Agency On Aging

FY: 2013

Ensure that MI Choice social workers and nurses are using all available tools to screen program participants for potential signs of elder abuse, neglect or self-neglect.

Timeline:

FY 2013

Activities:

Provide a refresher in-service at one regularly scheduled staff meeting to remind workers of the potential signs of elder abuse and neglect.

Resources mobilized: Presentation (30 min. to 60 min.) overview provided by the MI Choice Waiver Social Work Supervisor on the subject of elder abuse.

Programs established: N/A.

Staff Positions/Time Allocated: MI Choice Waiver Social Work Supervisor has been trained at the national level and will be able to present this information without substantial preparation time/effort.

Outcome: Opportunity for staff to ask questions and gain additional knowledge of this subject matter.

Expected Outcome:

Continued screening of MI Choice participants and those eligible for the service. Reporting to County Adult Protective Services workers when a problem may exist.

State Plan Goal: Goal Four

Improve the Effectiveness, Efficiency, and Quality of Services Provided Through the Michigan Aging Network and its Partners

AAA Response:

Objective:

Share the mission of Region VII AAA and how the agency fits into the Aging Network with professionals and community groups who may not use services themselves, but who come into contact with people who may benefit from services and support.

Timeline:

On-going

Activities:

As requested, provide overviews of Region VII AAA Services and the aging network to community groups including hospital auxiliaries, volunteer groups, support groups, special interest groups, fraternal organizations and chambers of commerce.

Resources mobilized: This is an on-going, agency-wide effort. Staff from Human Resources/Marketing, I&A, MMAP, MI Choice Waiver and Program Development routinely present overviews and specifics to groups in the community utilizing brochures, power point slide shows and more.



Region VII Area Agency On Aging

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Programs established: General Region VII AAA overview; MMAP and MMAP specific topic presentations, etc.

Staff Positions/Time Allocated: All staff serve as ambassadors for the agency and the aging network. It is estimated that not less than once a week, and often more frequently staff educate clients, the general public and agency stakeholders about the services and benefits.

Outcome: This effort helps clarify our mission with the general public.

Expected Outcome:

Better knowledge at the community level of how to connect with aging services.

AAA Response:

Objective:

Make technical assistance available at the state and regional levels to help county units on aging and other non-Medicaid direct service providers develop strategies and solutions to accommodate the unprecedented funding cuts to aging programs and services.

Timeline:

On-going.

Activities:

Solutions to be determined based on needs of service providers.

Resources mobilized:

The Region VII AAA Contract Manager assists county units on aging and others in appropriate transfers of funds to other approved categories as requested.

Programs established: N/A

Staff Positions/Time Allocated: Contract Manager as needed.

Outcome: Not yet available.

Expected Outcome:

Enhanced respect for the Office of Services to the Aging, (OSA) and Region VII AAA.

AAA Response:

Objective:

Develop a public service announcement campaign for media outlets including print, TV, radio and the world-wide web that reaches out to residents in our communities and educates them about the value of nutrition and in-home services.

Timeline:



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FY: 2013

On-going.

Activities:

Develop messages that clearly outline the value of home-delivered meals and congregate nutrition AND that clearly spell out the importance of voluntary contributions by those who use services.

More individuals living in the Region VII AAA PSA will understand the role that nutrition programs play in keeping older adults in their homes and communities.

More people will understand and utilize nutrition programs.

Potentially attract new volunteers for programs.

Resources mobilized: Not yet started.

Programs established: N/A

Staff Positions/Time Allocated: N/A

Outcome: Not yet available.

Expected Outcome:

N/A



Program Development Objectives (Regional)

This tab relates to your Regional Program Development Objectives. Provide information for all new and ongoing regional program development objectives planned for FY2013. For each objective identify the following:

- Resources to be mobilized/utilized.
- Staff positions and time to be allocated to the objective. (Expressed as total FTEs per objective.)
- The desired outcome.

It is OSA's expectation that program developments efforts be meaningful to older adults within the PSA.

Advocacy Strategy

Describe the AAA's comprehensive advocacy strategy for the fiscal year 2013. Describe how the agency's advocacy efforts will improve the quality of life of older adults within the PSA. Enter your advocacy strategy below.

AAA Response:

Throughout our planning and service area Board and Advisory Council members, agency leadership and staff, along with contracted service providers work diligently to improve the quality of life for older adults and persons with disabilities. Advocating on behalf of older adults is the core of the Region VII AAA mission.

In FY 2013, Advisory Council members will continue to visit congregate dining sites in their counties and report to the Region VII AAA Board of Directors on any issues or actions or concerns. There is renewed interest on reaching retirees who are members of organized labor, and reaching minority groups. Several members of the Region VII AAA Advisory Council also play a role in MSAC and other organizations.

Region VII AAA staff, board members and advisory council members testify on behalf of legislative actions to the Senate Appropriations committee and contact law makers on a regular basis. They also participate in events that monitor, evaluate and comment on policies, programs and community actions that affect older adults. Continued emphasis is placed on promoting Region VII AAA Services.

Agency staff facilitate a 100+ member grass roots advocacy organization known as the Senior Advisory Group of Central Michigan. This open-membership group provides opportunities for people in or outside of the aging network to openly discuss issues of importance regarding long term care and aging and for us to communicate opportunities to advocate on legislative issues. The group meets around the region with results and issues to advocate distributed using a quarterly print newsletter and a moderated web blog.

As issues surface at the local, state or federal level regarding funding for programs, or cuts to services for older adults, Region VII AAA is quick to distribute the call to action within our sphere of influence using a variety of traditional and electronic media to accomplish the task.

In June of each year, Region VII AAA coordinates an effort for people in our planning and service area who wish to go to Lansing for Older Michiganian Day, an opportunity to meet and present issues and ideas to State lawmakers.

Region VII AAA MI Choice Waiver Staff advocate for the needs of their clients, often going above and beyond the usual call of duty to make sure that an older adult has the safety, security and comforts of home to insure their success.



Community Focal Points

Review the listing of Community Focal Points below and update as necessary. Indicate in the check box if changes were or were not made. A comprehensive list of Community Focal Points has been included in the Document Library.

Describe the rationale and method used to assess the ability to be a community focal point, including the definition of community.

Explain the process by which community focal points are selected.

Definition for Community Focal Points are identified as geographic areas in which the residents share a sense of identity with each other and their local government.

The Region VII Area Agency on Aging determined the rationale for selecting focal points by reviewing:

1. Which unit of government, such as city or county, provides the greater sense of community identification for local residents.
2. Travel patterns within the community for shopping, medical services, social activities and employment.
3. Location and hours of facilities that house recreational activities, social and government services.

The Region VII Area Agency on Aging reviewed the following factors in selecting community focal points:

1. Communities with the highest incidence of older persons with the greatest economic and social needs.
2. Availability or potential for development of an Information and Referral service component to provide linkage to other AAA-funded services within the community.
3. Location of facilities suitable for designation, days and hours of facility operation assuring at least a five-day schedule with regular advertised hours of operation that are convenient for older people.
4. Geographic boundaries of communities and natural neighborhoods.
5. Availability of confidential meeting space in the facility for other program personnel to conduct client interviews and provide related services.
6. Preference given to multi-purpose senior centers and congregate nutrition sites when utilized extensively by senior citizens.
7. Service delivery patterns and proximity within the community to nearby shopping, transportation, financial institutions and other community-based activity programs.
8. Facilities with affiliations with either city, county or township government, reflecting coordination of AAA and local governmental resources, and preference for maximum utilization of facilities operated in whole or in part by local elected officials.
9. Accessible facility layout and design to assure that the services housed in the facility are accessible to handicapped elders.
10. Analysis of staffing patterns, including the work stations for case coordination & support staff

Provide the following information for each focal point within the PSA. List all designated community focal points with name, address, telephone number, website, and contact person. This list should also include the services offered, geographic areas served and the approximate number of older persons in those areas. List your Community Focal Points in this format.



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Name: Clare County Senior Services
Address: 225 W. Main Street; Harrison, MI 48625
Website: www.clareseniorservices.org
Telephone: (989) 539-8870
Contact Person: Lori Ware
Persons: 5976
Service Area: Clare County
Services: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Disease Prevention / Health Promotion, Caregiver Training, Senior Center Staffing

Name: Saginaw Co. Commission on Aging
Address: 2355 Schust Rd., Saginaw, MI 48603
Website: www.saginawcounty.com/Coa
Telephone: (989) 797-6880
Contact Person: Karen Courneya
Persons: 34599
Service Area: Saginaw County
Services: Congregate, HDM, CCS, Outreach, Transportation, Senior Center Staffing, Care Management, Senior Center Operations, Caregiver Training

Name: Council on Aging - Gladwin
Address: 215 S. Antler, Gladwin, MI 48624
Website:
Telephone: (989) 426-5450
Contact Person: Lauren Essenmacher
Persons: 5246
Service Area: Gladwin County
Services: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Caregiver Training, Senior Center Staffing

Name: Human Development Commission - Huron Office
Address: 150 Nugent Rd; Bad Axe, MI 48413
Website: www.hdc-caro.org
Telephone: (989) 269-9502
Contact Person: Jessica Kawecki
Persons: 8984
Service Area: Huron County
Services: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care

Name: Human Development Commission
Address: 429 Montague Ave., Caro, MI 48723
Website: www.hdc-caro.org
Telephone: (989) 673-4121
Contact Person: Susan Aberg
Persons: 8881
Service Area: Tuscola County
Services: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care



Region VII Area Agency On Aging

FY: 2013

Name: Isabella Senior Center
Address: 2200 S. Lincoln, Mt. Pleasant, MI 48858
Website: www.isabellacounty.org/dept/coa
Telephone: (989) 772-0748
Contact Person: Brenda Upton
Persons: 8335
Service Area: Isabella County
Services: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Caregiver Training

Name: Bay County Division on Aging
Address: 515 Center Ave., Bay City, MI 48708
Website: www.baycounty-mi.gov/Aging
Telephone: (989) 895-4100
Contact Person: Tammy Roehrs
Persons: 20031
Service Area: Bay County
Services: Congregate, HDM, CCS, Homemaking, In-Home Respite, Personal Care, Disease Prevention / Health Promotion, Caregiver Training

Name: Midland County Council on Aging
Address: 4700 Dublin Ave., Midland, MI 48642
Website: www.seniorservicesmidland.org
Telephone: (989) 633-3700
Contact Person: Alan Brown
Persons: 10670
Service Area: Midland County
Services: Congregate, HDM, CCS, Homemaking, In-Home Respite, Caregiver Training, Adult Day Care, Care Management, Transportation

Name: Gratiot County Commission on Aging
Address: 515 S. Pine River Street; Ithaca, MI 48847
Website: www.co.gratiot.mi.us/coa
Telephone: (989) 875-5246
Contact Person: Craig Zeese
Persons: 6983
Service Area: Gratiot County
Services: Caregiver Training, CCS, Chore, Personal Care, In Home Respite, Home Repair, Senior Center Staffing

Name: Human Development Commission - Sanilac Office
Address: 215 N. Elk Street; Sandusky, MI 48471
Website: www.hdc-caro.org
Telephone: (810) 648-4497
Contact Person: Teresa Kohn
Persons: 8951
Service Area: Sanilac County
Services: Caregiver Training, CCS, Chore, Congregate, HDM, Homemaking, Personal Care, In Home Respite, Transportation, Outreach, Adult Day Care



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Community Living Program

This section of the AIP allows the Area Agency to describe its planned efforts to integrate components of the Community Living Program (CLP) into the comprehensive coordinated service delivery systems developed to implement the Area Plan. Area Agencies are encouraged to continue efforts already underway and/or to develop new efforts as feasible.

Describe the status of integration of CLP into service delivery systems supported by the Area Plan and any planned efforts for FY 2013. The description should address at a minimum the following:

- How PCT/PCP training will be provided to Area Agency staff and to service providers throughout the PSA.
- Plans for developing options counseling services in the PSA.
- How and when persons at risk of nursing home placement will be identified and referred to programs, offering flexible service options, to assist them in avoiding or delaying nursing home placement.
- How self-directed service delivery option will be maintained, or developed, for participants, either grant supported or private pay.
- How the Area Agency will participate in the Veterans Directed Home- and Community-Based Services program.
- How the Area Agency intends to work with the emerging ADRC partnerships to assure the availability of unbiased information and assistance services and options counseling for both the aging and disability communities.

Region VII AAA is in the early stages of developing an integrated Information & Assistance, including Options Counseling and the ADRC initiative into a centralized Community Living Program. No timeline has been set for this task.



ADRC/MMAP

ADRC - Aging and Disability Resource Center Partnerships

The Office of Services to the Aging was awarded a grant from the Administration on Aging in FY 2010 to develop Aging and Disability Resource Center partnerships statewide by 2014. Michigan's ADRC partnerships will build on a 'no wrong door' (decentralized) model that recognizes all stakeholders as equal partners. ADRC partnerships are highly visible and trusted sources in the community that empower persons of all ages and income levels to navigate the full range of long term care support options according to their culture, values, and preferences. ADRC partnerships provide person-centered planning; comprehensive information and assistance; appropriate referrals; follow-up; and seamless access on available long term support options. For more information on ADRC partnerships, visit the Aging and Disability Resource Center at <http://www.adrc-tae.org/tiki-index.php?page=HomePage>. This tab is for the Area Agency to describe its planned efforts for participating in an ADRC partnership within its respective PSA.

Describe the role and level of involvement of the AAA within the ADRC partnership; the leadership group within the ADRC partnership; the development activities of the ADRC partnership to date and, the viewed or actualized role of the AAA as a part of the ADRC partnership service delivery strategy.

MMAP - Michigan Medicare Medicaid Assistance Program

This section of the AIP is for the Area Agency to describe its planned efforts for FY 2013 for implementing the MMAP within its respective PSA. Describe the planned efforts below. The description should address at a minimum:

- Specific goals related to MMAP activities including fraud prevention activities, outreach and counseling.
- Volunteer management and recruitment goals and challenges.
- Training plan needs and recommendations.
- MMAP and ADRC partnership coordination.

Specific MMAP budget information for the FY 2013 Area Agency Operating Budget must be included. The appropriate form is located in the Document Library and should be uploaded under the Budget and Other Documents tab.

ADRC

Indicate if the AAA will participate in the development of ADRC partnership(s) in the PSA. If yes, please describe the anticipated role the AAA will play in the partnership(s).

AAA Response:

Region VII AAA is pleased to be one of two convening partners in the emerging ADRC of the Thumb which will include Huron, Sanilac and Tuscola counties. The other convening partner organization is the Blue Water Center for Independent Living. Annette Jeske, Program Development/Grants Mgr. at Region VII AAA and Valorie Hudgens, Transitions Specialist at the Blue Water Center for Independent Living spent months educating community stakeholders about the ADRC initiative.

Our initiative was approved to emerge in late FY 2012. The emerging ADRC of the Thumb has 49 partners at the present time with potential for additional partners to be added as the initiative matures. In the



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interest of retaining interested parties, including the stakeholders and general public a moderated web blog site has been created to disseminate and discuss issues relevant to the ADRC.
www.adrcofthethumb.wordpress.com

Using a grant for promotional efforts from MDRC/OSA, the convening partners created a short video business card, and handout to provide an overview of the ADRC initiative. These materials are freely distributed to anyone in Huron, Sanilac and Tuscola county. We continue to work with referral sources including 211 to extend the reach of our effort. It is important to note that while we could begin promoting the ADRC to the general public we have decided to avoid general confusion and wait until the State of Michigan has a more concrete definition of how ADRCs will function, and the communication tools which include a toll-free geo-routed 800 number and website are released for our area.

Challenges revolve around aspects of the ADRC which are not yet detailed at the state level, therefore we are hesitant to move forward with workflow methods and agency to agency communication, aside from some MOU's with partner organizations.

In FY2013, the Region VII Area Agency on Aging and the Blue Water Center for Independent Living will host widely promoted public meetings in each of the three counties to review the purpose of the ADRC initiative and provide some scripted scenarios regarding long-term care detailing how the ADRC will respond to them. At this time, partner investment forms are being formalized and reviewed.

Guidelines, agreements and more formalized operations of the ADRC of the Thumb would be expected to be discussed by partners and implemented in early FY2013.

Expect that the Region VII AAA along with the Disability Resource Center of Mid-Michigan will be taking the success stories and promotional materials from the ADRC of the Thumb initiative and using them to educate the remaining seven counties in our PSA during 2013.

MMAP

If your Agency is a MMAP agency, provide an overview of your program, including numbers of persons served, volunteer recruitment and innovative ways of getting the information to residents.

AAA Response:

Mission Statement: To educate, counsel and empower Michigan's older adults and individuals with disabilities, and those who serve them, so that they can make informed health benefit decisions.

In FY 2012, 6,361 clients were served by a combination of paid and volunteer staff.

105 outreach presentations were conducted to a variety of groups including senior meal sites, churches, senior and health fairs, subsidized apartment complexes, tribal programs and professional groups.

We have a monthly Q&A for MMAP questions in a Thumb Area paper "The Lakeshore Guardian" and monthly articles in the "Gratiot Senior Paper" and the "Tribal Observer Newsletter."



Other Grants

Identify any other grants or initiatives that your Area Agency is participating in with OSA and other partners. Grants or initiatives to be included in this section may include TCARE, Savvy Caregiver, Creating Confident Caregivers (CCC), Chronic Disease Self-management Programs such as PATH, and programs supporting persons with dementia.

Describe how these grants and other initiatives will improve the quality of life of older adults within the PSA. Further, describe how these other grants and initiatives reinforce the Area Agency's planned program development efforts for FY 2013.

For CCC initiatives, please provide the following information:

- Will you be providing CCC training during FY 2013?
- How many persons do you anticipate training?
- What fund sources will be used to support staff providing the training?
- The name of the person who is the agency contact for CCC.

If you will be providing CCC training during FY 2013, it is expected that you will report to OSA the number of caregivers served on a quarterly basis to demonstrate sustainability.

1. Describe other grants and/or initiatives the area agency is participating in with OSA and other partners.

AAA Response:

OSA grants include the following evidence-based programs: Creating Confident Caregivers

A small grant was awarded to the convening partners of the ADRC of the Thumb through OSA with funds provided by MDRC to further promote and advance the initiative.

Michigan Consumers for Healthcare awarded Region VII AAA a grant to be spent educating older adults about the national Affordable Care Act, specifically the parts of the law that impact older adults and with emphasis on reaching people in Bay and Saginaw counties.

2. Describe how these grants and other initiatives will improve the quality of life of older adults within the PSA.

AAA Response:

Efforts to educate older adults provides them with the tools they need to make decisions about their health and welfare as they age.

3. Describe how these grants and other initiatives reinforce the area agency's planned program development efforts for FY 2013.

AAA Response:

These funds help the agency advance the efforts of the ADRC, and aid us in serving the older adult population.



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4. Describe the area agency's Creating Confident Caregivers initiative for FY 2013.

AAA Response:

Building on our past successes, Region VII will offer 17 Creating Confident Caregivers workshops in FY 2013.

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FY 2013 AREA PLAN GRANT BUDGET

Rev. 2/2012

Agency: Region 7 Area Agency on Aging

Budget Period: 10/01/12 to 09/30/13

PSA: 7

Date: 07/05/12

Rev. No.: N/A

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ADMINISTRATION				
Revenues	Local Cash	Local In-Kind	Total	
Federal Administration	292,896	9,387	344,063	
State Administration	50,728		50,728	
MATF Administration	26,839		26,839	
Other - Care Mgmt Adm	40,000		40,000	
Total:	410,263	9,387	461,630	

Expenditures	
	FTEs
1. Salaries/Wages	258,813
2. Fringe Benefits	96,605
3. Office Operations	106,212
Total:	461,630

Cash Match Detail		In-Kind Match Detail	
Source	Amount	Source	Amount
Local/Dues	42,000	In-Kind, Space, Fed Admin	5,367
Total:	42,000	In-Kind, Space, Care Mgmt	4,000
		Total:	9,367

SERVICES SUMMARY				
FUND SOURCE	SUPPORTIVE SERVICES	NUTRITION SERVICES	TOTAL	
1. Federal Title III-B Services	991,192		991,192	
2. Fed. Title III-C1 (Congregate)		478,339	478,339	
3. State Congregate Nutrition		18,309	18,309	
4. Federal Title III-C2 (HDM)		764,185	764,185	
5. State Home Delivered Meals		663,322	663,322	
8. Fed. Title III-D (Prev. Health)	56,605		56,605	
9. Federal Title III-E (NFCSP)	343,941		343,941	
10. Federal Title VII-A	11,272		11,272	
10. Federal Title VII-EAP	13,172		13,172	
11. State Access	57,760		57,760	
12. State In-Home	190,319		190,319	
13. State Alternative Care	225,215		225,215	
14. State Care Management	431,825		431,825	
16. State N.H. Ombudsman	40,524		40,524	
17. Local Match				
a. Cash	99,388	178,580	277,968	
b. In-Kind	216,502	35,215	251,717	
18. State Respite Care (Escheat)	192,674		192,674	
19. Merit Award Trust Fund	298,215		298,215	
20. NSIP	691,461	691,461	691,461	
21. Program Income	573,936	1,064,627	1,638,563	
TOTAL:	3,742,540	3,894,038	7,636,578	

I certify that I am authorized to sign on behalf of the Area Agency on Aging. This budget represents necessary costs for implementation of the Area Plan. Adequate documentation and records will be maintained to support required program expenditures.

Signature _____

Title _____

Date _____

FY 2013 Planned Services Summary Page for PSA:

Service	Budgeted Funds	Percent of the Total	Method of Provision		
			Purchased	Contract	Direct
ACCESS SERVICES					
Care Management	\$ 547,571	7%		X	X
Case Coordination & Support	\$ 437,688	6%		X	
Disaster Advocacy & Outreach Program	\$ -	0%			
Information & Assistance	\$ 47,511	1%			X
Outreach	\$ 127,367	2%		X	
Transportation	\$ 56,814	1%		X	
IN-HOME SERVICES					
Chore	\$ 25,470	0%		X	
Home Care Assistance	\$ -	0%			
Home Injury Control	\$ -	0%			
Homemaking	\$ 506,904	7%	X	X	
Home Delivered Meals	\$ 2,804,640	37%		X	
Home Health Aide	\$ -	0%			
Medication Management	\$ -	0%			
Personal Care	\$ 411,456	5%	X	X	
Personal Emergency Response System	\$ -	0%			
Respite Care	\$ 247,287	3%	X	X	
Friendly Reassurance	\$ -	0%			
COMMUNITY SERVICES					
Adult Day Services	\$ 433,295	6%	X	X	
Dementia Adult Day Care	\$ -	0%			
Congregate Meals	\$ 1,071,620	14%		X	
Nutrition Counseling	\$ -	0%			
Nutrition Education	\$ -	0%			
Disease Prevention/Health Promotion	\$ 92,827	1%	X	X	
Health Screening	\$ -	0%			
Assistance to the Hearing Impaired & Deaf	\$ -	0%			
Home Repair	\$ 43,725	1%		X	
Legal Assistance	\$ 62,909	1%		X	
Long Term Care Ombudsman/Advocacy	\$ 92,931	1%		X	
Senior Center Operations	\$ 9,584	0%		X	
Senior Center Staffing	\$ 41,560	1%		X	
Vision Services	\$ -	0%			
Programs for Prevention of Elder Abuse,	\$ 14,734	0%		X	
Counseling Services	\$ -	0%			
Specialized Respite Care	\$ -	0%			
Caregiver Supplemental Services	\$ 76,431	1%	X		
Kinship Support Services	\$ 30,219	0%	X		
Caregiver Education, Support, & Training	\$ 233,809	3%		X	
AAA RD/Nutritionist	\$ 17,778	0%			X
PROGRAM DEVELOPMENT	\$ 175,609	2%			X
REGION-SPECIFIC	\$ -	0%			
CLP/ADRC Services	\$ -	0%			
MATF administration	\$ 26,839	0%			X
TOTAL PERCENT		100%	5%	89%	6%
TOTAL FUNDING	\$ 7,636,578		\$372,386	\$6,804,827	\$459,365



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APPENDIX A

Board of Directors Membership

	Asian/Pacific Islander	African American	Native American/Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total Membership
Membership Demographics	0	1	0	0	0	2	12
Aged 60 and Over	0	0	0	0	0	2	11

Name of Board Member	Geographic Area	Affiliation	Elected Official	Appointed	Community Representative
Leonard Ballosh	Saginaw County	Twp. Supervisor		Yes	
Patrick Beson	Bay County			Yes	
Yvonne Corbat	Midland County			Yes	
Kenneth Hess	Tuscola County			Yes	
Donald Hunt	Sanilac County			Yes	
Jordon Lockmiller	Clare County			Yes	
Thompson Moffit	Isabella County			Yes	
VACANT	City of Saginaw			Yes	
Adolph Presidio	Gladwin County			Yes	
William Walters	Sanilac County	Advisory Council Representative for all 10 counties		Yes	
Hank Weitenberner	Huron County			Yes	
Karen Wittle	Gratiot County			Yes	



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APPENDIX B Advisory Board Membership

	Asian/ Pacific Islander	African American	Native American/ Alaskan	Hispanic Origin	Persons with Disabilities	Female	Total Memberships
Membership Demographics	0	0	1	1	0	4	11
Aged 60 and Over	0	0	1	1	0	4	11

Name of Board Member	Geographic Area	Affiliation
Vicente Castellanos	All 10 Counties	Minority Representative
Sam Bagnieski	Gladwin County	
Diane Conroy-Kellogg	Gratiot County	Minority Representative
Mary Donnelly	All 10 Counties	Representative of Healthcare Providers
Lynn Grim	Clare County	Clare County Commissioner
Melvin McNally	Bay County	
Larry Schmitt	Huron County	
Ron Sholtz	Saginaw County	Saginaw County Commissioner
Mark Snyder	Midland County	
William Walters	Sanilac County	Brown City official; Labor Representative
Jackie Curtis	Isabella County	
VACANT	Tuscola County	



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APPENDIX G

Agreement for Receipt of Supplemental Cash-In-Lieu of Commodity Payments for the Nutrition Program for the Elderly

The above identified agency, (hereinafter referred to as the GRANTEE), under contract with the Michigan Office of Services to the Aging (OSA), affirms that its contractor(s) have secured local funding for additional meals for senior citizens which is not included in the current fiscal year (see above) application and contract as approved by the GRANTEE.

Estimated number of meals these funds will be used to produce is:

76,879

These meals are administered by the contractor(s) as part of the Nutrition Program for the Elderly, and the meals served are in compliance with all State and Federal requirements applicable to Title III, Part C of the Older Americans Act of 1965, as amended.

Therefore, the GRANTEE agrees to report monthly on a separate OSA Financial Status Report the number of meals served utilizing the local funds, and in consideration of these meals will receive separate reimbursement at the authorized per meal level cash-in-lieu of United States Department of Agriculture commodities, to the extent that these funds are available to OSA.

The GRANTEE also affirms that the cash-in-lieu reimbursement will be used exclusively to purchase domestic agricultural products, and will provide separate accounting for receipt of these funds.



APPENDIX I

Request to Transfer Funds

1	The Area Agency on Aging requests approval to transfer funds from Title III-B Supportive Services to Title III-C Nutrition Services . The Agency assures that this action will not result in a reduction in support for in-home services and senior center staffing. Rationale for this request is below.	Amount of Transfer 0.00
2	The Area Agency on Aging requests approval to transfer funds from Title III-C1 Congregate Nutrition Services to Title III-B Supportive Services for in-home services. The rationale as to why congregate participation cannot be increased is described below.	Amount of Transfer 200,954.00
<p>The additional funds are required because as the 60 and over population increases there is a need for additional funding for Title III-B Supportive Services. The request for services can be expected to continue since the risk of frailty and functional decline increases with advanced age.</p> <p>The request will address the steady increasing demands for in-home support services in most areas of the PSA, and avoid waiting lists.</p>		
3	The Area Agency on Aging requests approval to transfer funds from Title III-C1 Congregate Nutrition to Title III-B Supportive Services for participant transportation to and from meal sites to possibly increase participation in the Congregate Nutrition Program. Rationale for this request is below.	Amount of Transfer 0.00

Assurance & Certificates

ASSURANCE OF COMPLIANCE

Assurance of Compliance with Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, and the Age Discrimination Act of 1975.

The Applicant provides this assurance in consideration of and for the purpose of obtaining Federal grants, loans, contracts, property, discounts or other Federal financial assistance from the Department of Health and Human Services.

THE APPLICANT HEREBY AGREES THAT IT WILL COMPLY WITH:

1. Title VI of the Civil Rights Act of 1964 (Pub. L. 88-352), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 80), to the end that, in accordance with Title VI of that Act and the Regulation, no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.
2. Section 504 of the Rehabilitation Act of 1973 (Pub. L. 93-112), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 84), to the end that, in accordance with Section 504 of that Act and the Regulation, no otherwise qualified handicapped individual in the United States shall, solely by reason of his handicap, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.
3. Title IX of the Educational Amendments of 1972 (Pub. L. 92-318), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 86), to the end that, in accordance with Title IX and the Regulation, no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any education program or activity for which the Applicant receives Federal financial assistance from the Department.
4. The Age Discrimination Act of 1975 (Pub. L. 94-135), as amended, and all requirements imposed by or pursuant to the Regulation of the Department of Health and Human Services (45 C.F.R. Part 91), to the end that, in accordance with the Act and the Regulation, no person in the United States shall, on the basis of age, be denied the benefits of, be excluded from participation in, or be subjected to discrimination under any program or activity for which the Applicant receives Federal financial assistance from the Department.

The Applicant agrees that compliance with this assurance constitutes a condition of continued receipt of Federal financial assistance, and that it is binding upon the Applicant, its successors, transferees and assignees for the period during which such assistance is provided. If any real property or structure thereon is provided or improved with the aid of Federal financial assistance extended to the Applicant by the Department, this assurance shall obligate the Applicant, or in the case of any transfer of such property, any transferee, for the period during which the real property or structure is used for a purpose for which the



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Federal financial assistance is extended or for another purpose involving the provision of similar services or benefits. If any personal property is so provided, this assurance shall obligate the Applicant for the period during which it retains ownership or possession of the property. The Applicant further recognizes and agrees that the United States shall have the right to seek judicial enforcement of this assurance.

ASSURANCES AND CERTIFICATIONS

The undersigned agency, designated by the Michigan Commission on Services to the Aging to act as the Area Agency on Aging within a given planning and service area, agrees to the following:

1. That the Annual Implementation Plan shall cover the current Fiscal Year 2011.
2. To administer its Annual Implementation Plan in accordance with the Older Americans Act, the Older Michiganders Act, federal and state rules, and policies of the Michigan Commission on Services to the Aging as set forth in publications and policy directives issued by the Michigan Office of Services to the Aging.
3. To make revisions necessitated by changes in any of the documents listed in point two in accordance with directives from the Michigan Office of Services to the Aging.
4. That any proposed revisions to the Annual Implementation Plan initiated by the Area Agency on Aging will be made in accordance with procedures established by the Michigan Office of Services to the Aging.
5. That funds received from the Michigan Office of Services to the Aging will only be used to administer and fund programs outlined in the Annual Implementation Plan approved by the Michigan Commission on Services to the Aging.
6. That the Area Agency on Aging will undertake the duties and perform the project responsibilities described in the Annual Implementation Plan in a manner that provides service to older persons in a consistent manner over the entire length of the Annual Implementation Plan and to all parts of the planning and service area.
7. That program development funds will be used to expand and enhance services in accordance with the initiatives and activities set forth in the approved Area Implementation Plan.
8. That all services provided under the Annual Implementation Plan are in agreement with approved service definitions and are in compliance with applicable minimum standards for program operations as approved by the Michigan Commission on Services to the Aging and issued by the Michigan Office of Services to the Aging, including Care Management.
9. That the Area Agency on Aging will comply with all conditions and terms contained in the Statement of Grant Award issued by the Michigan Office of Services to the Aging.
10. That the Area Agency on Aging may appeal actions taken by the Commission on Services to the Aging with regard to the Annual Implementation Plan, or related matters, in accordance with procedures issued by



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the Michigan Office of Services to the Aging in compliance with the requirements of the Older Michiganians Act and Administrative Rules.

11. That the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and with agencies that develop or provide services for individuals with disabilities.

12. That the Area Agency on Aging has in place a grievance procedure for eligible individuals who are dissatisfied with or denied services.

13. That the Area Agency on Aging will send copies of the Annual Implementation Plan to all local units of government seeking approval as instructed in the Annual Plan Instructions.

14. That the Area Agency on Aging Governing Board and Advisory Council have reviewed and endorsed the Annual Implementation Plan.

15. That the Area Agency on Aging will comply with Federal Regulation 2 CFR part 180 and certifies to the best of its knowledge and belief that its employees and subcontractors are not presently debarred, suspended, proposed for debarment, declared ineligible, or voluntarily excluded from covered transactions by any federal department. Further, that to the best of its knowledge and belief its employees and subcontractors are not presently on the Department of Community Health (DCH) or State Bureau of Health Professionals excluded parties lists.

16. That the Area Agency on Aging will comply with all conditions and terms of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, and the Age Discrimination Act of 1975. The Applicant agrees that compliance with this assurance constitutes a condition of continued receipt of Federal financial assistance, and that it is binding upon the Applicant, its successors, transferees and assignees for the period during which such assistance is provided. If any real property or structure thereon is provided or improved with the aid of Federal financial assistance extended to the Applicant by the Department, this assurance shall obligate the Applicant, or in the case of any transfer of such property, any transferee, for the period during which the real property or structure is used for a purpose for which the Federal financial assistance is extended or for another purpose involving the provision of similar services or benefits. If any personal property is so provided, this assurance shall obligate the Applicant for the period during which it retains ownership or possession of the property. The Applicant further recognizes and agrees that the United States shall have the right to seek judicial enforcement of this assurance.

17. That the Area Agency on Aging will comply with all conditions and terms of The Elliot Larsen Civil Rights Act, PA 453 of 1976 and the Persons With Disabilities Civil Rights Act, PA 220 of 1976. The Applicant provides this assurance in consideration of and for the purpose of obtaining State of Michigan Federal grants, loans, contracts, property, discounts or other State and Federal financial assistance from the Michigan Office of Services to the Aging.

The signatory on the Signature Page indicates that the Area Agency on Aging is submitting the current Fiscal Year Annual or Multi-Year Implementation Plan that describes the initiatives and activities which will be undertaken on behalf of older persons within the planning and service area. We assure that these



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documents and subsequent Annual Implementation Plans represent a formal commitment to carry out administrative and programmatic responsibilities and to utilize federal and state funds as described.

ASSURANCE OF COMPLIANCE WITH THE ELLIOT LARSEN CIVIL RIGHTS ACT

Assurance of compliance with the Elliot Larsen Civil Rights Act, PA 453 of 1976 and the Persons With Disabilities Civil Rights Act, PA 220 of 1976.

The Applicant provides this assurance in consideration of and for the purpose of obtaining State of Michigan Federal grants, loans, contracts, property, discounts or other State and Federal financial assistance from the Michigan Office of Services to the Aging.

The Applicant hereby agrees that it will comply with:

Non-Discrimination: In the performance of any grant, contract, or purchase order resulting here from, the Contractor agrees not to discriminate against any employee or applicant for employment or service delivery and access, with respect to their hire, tenure, terms, conditions or privileges of employment, programs and services provided or any matter directly or indirectly related to employment, because of race, color, religion, national origin, ancestry, age, sex, height, weight, marital status, physical or mental disability unrelated to the individual's ability to perform the duties of the particular job or position. The Contractor further agrees that every subcontract entered into for the performance of any grant, contract, or purchase order resulting here from will contain a provision requiring non-discrimination in employment, service delivery and access, as herein specified binding upon each subcontractor. This covenant is required pursuant to the Elliot Larsen Civil Rights Act, 1976 PA 453, as amended, MCL 37.2201 et seq, and the Persons with Disabilities Civil Rights Act, 1976 PA 220, as amended MCL 37.1101 et seq, and any breach thereof may be regarded as a material breach of the grant, contract, or purchase order.



SIGNATURES

This document covers Fiscal Year 2013. This document becomes valid upon approval by the Michigan Commission on Services to the Aging. It may be conditionally approved subject to all general and/or special conditions established by the Commission on Services to the Aging. This signature page may substitute for required signatures on documents within the documents if those documents are specifically referenced on this signature page.

The signatories below acknowledge that they have reviewed the entire document including all budgets, Assurances, and Appendices and they commit to all provisions and requirements of this Annual Implementation Plan.

SIGNATURES

 Chairperson, Board of Directors _____
 Date

 Type/print Chairperson's Name

 Director, Area Agency on Aging _____
 Date

 Type/print Director's Name

 Area Agency on Aging

Documents referenced by the signature page:

- FY 2013 Area Plan Grant Budget
- FY 2013 Direct Service Budget(s)
- Request to Transfer Funds
- Waiver for Direct Service Provision
- Assurance and Certifications
- Assurance of Compliance with Title VI of Civil Rights Act of 1964
- Assurance of Compliance With Elliot Larsen Civil Rights Act
- Regional Service Definitions
- Agreement for Receipt of Supplemental Cash-in-lieu of Commodity Payments for the Nutrition Program for the Elderly
- Waiver of Minimum Percentage for a Priority Service Category

