



➤ Which of these people is most likely to have a stroke?

2014 Heart Health & Stroke Screenings

February 18 ▪ April 10 ▪ June 19 ▪ August 19 ▪ October 23 ▪ December 9

Stroke doesn't discriminate; it affects people of all ages, ethnicities and backgrounds. Fortunately, most strokes are preventable, and you can take steps now to reduce your risk. Begin by understanding the risk factors and find out how you stack up. See the easy-to-remember symptom list to the right.

8 a.m. - Noon
 Center for Rehabilitation, McLaren Bay Region, West Campus
 3190 E. Midland Road
 \$10—Payable at the screening

Preregistration required. Call toll-free 1 (877) 411-2762 any time.

Screening includes:

- Diabetes screening
- Blood pressure and pulse
- Full lipid profile, including total cholesterol, HDL, LDL and triglycerides
- Risk-reduction plan
- Results counseling

You will leave the screening with your results and a plan of action! A 12-hour fast is required for accurate results. Even though this is a fasting blood test, please take any morning medication as usual with a sip of water.

Recognize Stroke Symptoms in Others —FAST!

FACE

Check the person's smile. Does one side of the face droop?

ARMS

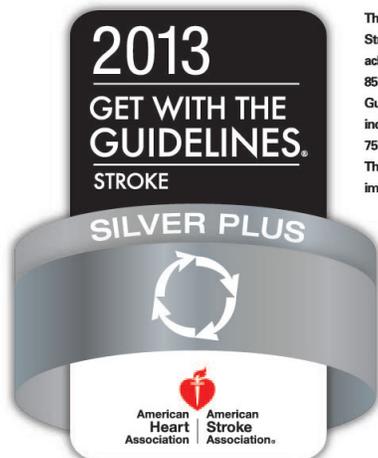
Ask the person to raise both arms. Does one arm drift downward?

SPEECH

Ask the person to repeat a simple sentence. Are the words slurred?

TIME

If you notice any of these symptoms, call 911 immediately. Brain cells are dying.



The American Heart Association and American Stroke Association recognize this hospital for achieving at least 12 consecutive months of 85% or higher adherence to all Get With The Guidelines® Stroke Performance Achievement indicators and at least 12 consecutive months of 75% or higher compliance with 5 of 8 Get With The Guidelines Stroke Quality Measures to improve quality of patient care and outcomes.

*Joint Commission
 Primary Stroke
 Center
 and a
 Neuroscience Center
 of
 Excellence*

