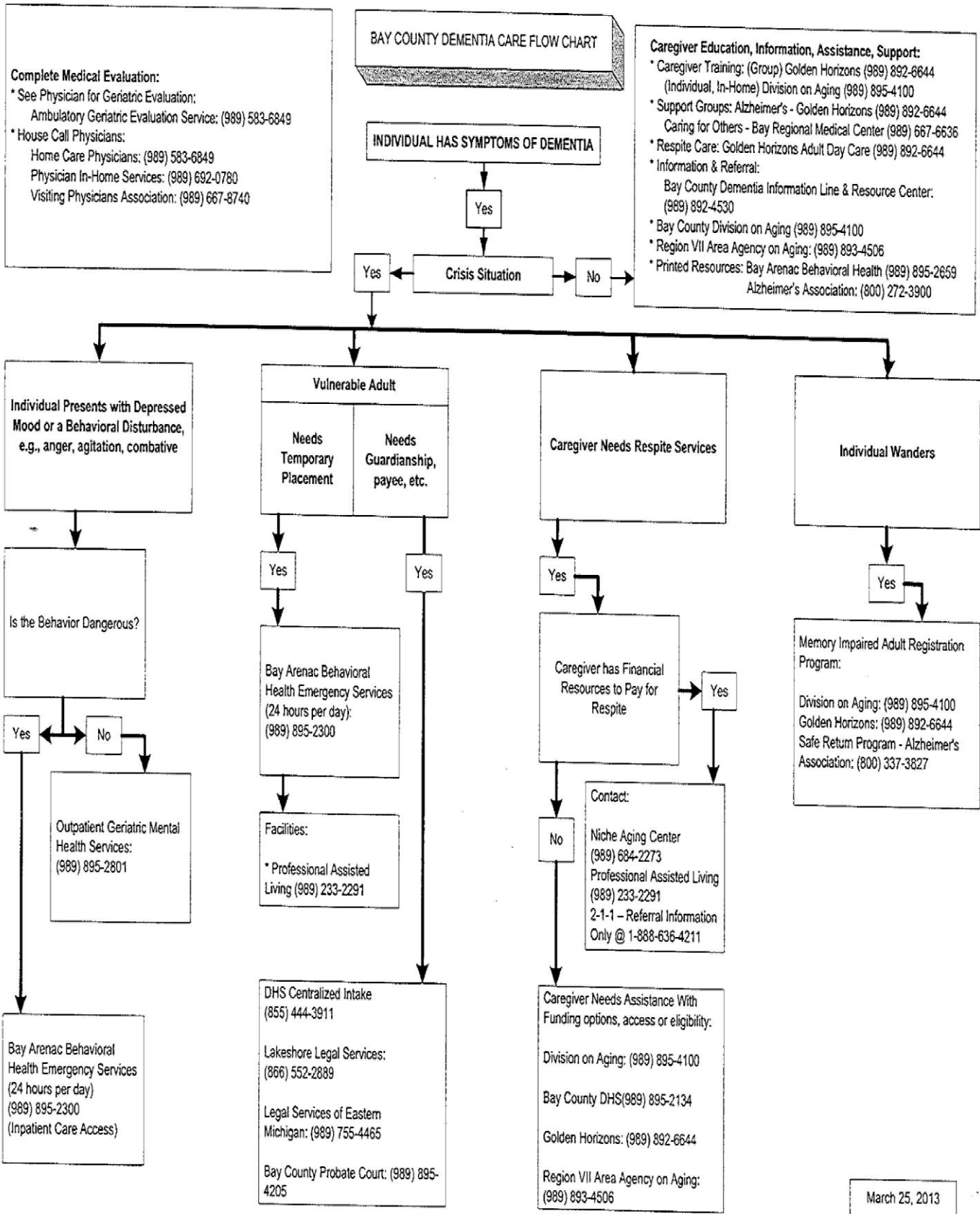


Making Sense of Memory Loss



A guide to community resources for people
with memory loss in Bay County

*Published by
The Bay County Division on Aging and
Golden Horizons Adult Day Care Center*



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people with memory loss in Bay
County



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An Introduction to Memory Loss

According to the Dementia Coalition, there are an estimated 2,500 people suffering from Alzheimer's in the Bay County Area. Our goal in compiling this resource guide is to assist these people who are dealing with some form of dementia, their family and friends, caregivers, as well as professionals in locating and using resources in the Bay County Area.

Although people commonly use the terms "dementia" and "Alzheimer's" interchangeably, these two terms do NOT have the same meaning. Dementia refers to a wide range of symptoms and is not a specific disease. Dementia is an umbrella term for declining mental ability which is severe enough to interfere with activities of daily life. Alzheimer's is a specific form of dementia which involves varying degrees of memory loss and cognitive changes. The most common form of dementia is Alzheimer's, accounting for 60-80% of cases. Many forms of dementia, including Alzheimer's, are progressive which means the symptoms begin slowly and gradually worsen over time.

Many people experience issues with memory loss. Although memory loss is a common symptom of dementia, experiencing memory loss does not necessarily mean the individual has dementia. If you or a loved one is experiencing issues with memory loss or changes in cognitive ability, do not ignore it. See a doctor as soon as possible to determine the cause, as a treatable condition may be detected.

Dementia is caused by damage to brain cells and different types of brain cell damage are associated with different types of dementia. Selecting the appropriate treatment for Alzheimer's depends on its cause. There is

currently no cure for Alzheimer’s, but there are treatments available to slow the worsening of symptoms. There are currently five medications approved by the Food and Drug Administration to treat Alzheimer’s symptoms: Aricept, Razadyne, Namenda, Exelon, and Cognex. A single test does not exist to determine if someone has dementia. Symptoms of different types of dementia often overlap so doctors may not be able to diagnose a specific type.

Normal Aging	Dementia Symptoms
Making a bad decision once in awhile	Poor judgment and decision making
Missing a monthly payment	Inability to manage a budget
Forgetting what day it is and remember later	Losing track of the date or the season
Losing things from time to time	Misplacing things and being unable to retrace steps to find them

Ten Warning Signs of Alzheimer’s:

1. Memory loss
2. Problems with language
3. Poor or decreased judgment
4. Misplacing things
5. Changes in personality

6. Disorientation to time and place
7. Problem with abstract thinking
8. Changes in mood or behavior
9. Loss of initiative
10. Difficulty performing familiar tasks

Staggering Statistics

- ✓ 26 million people worldwide have some form of Dementia.
- ✓ 5.2 million Americans of all ages have Alzheimer's. 5 million are age 65+.
- ✓ 2/3 of Americans with Alzheimer's disease are women.
- ✓ 1 in 9 people over the age of 65 have Alzheimer's
- ✓ 1/3 of people over the age of 85 have Alzheimer's.
- ✓ Every 67 seconds, someone in America develops Alzheimer's. By mid-century, this number climbs to every 33 seconds.
- ✓ Alzheimer's disease is the 6th leading cause of death in the United States.
- ✓ Alzheimer's is the 5th leading cause of death for Americans aged 65+ and the 6th leading cause of death in the U.S.
- ✓ More than 500,000 seniors die each year with Alzheimer's.
- ✓ 1 in 3 seniors dies with Alzheimer's or another dementia.
- ✓ 70% of people with Alzheimer's are living in their own homes.
- ✓ 2/3 of those dementia are living in nursing homes.
- ✓ 1/3 of all caregivers of Alzheimer's patients have symptoms of depression.
- ✓ 61% of all caregivers of Alzheimer's patients have symptoms of stress.
- ✓ In 2013, 15.5 million caregivers provided an estimated 17.7 billion hours of unpaid care valued at more than \$220 billion.

Personal Emergency Response Systems (PERS)

Every second counts when you experience a fall, medical issue, or other emergency. Your recovery and independence can be at risk if you are alone and medical care is delayed.

PERS are commonly referred to as “Lifeline” units and they summon help with a simple push of a button. These medical alert systems are worn at all times by the individual and can be purchased in either a pendant (necklace) or wrist band (watch) design. Most medical alert systems have a one-time installation fee with an ongoing monthly rental fee thereafter. These units guarantee you the peace of mind that prompt and caring assistance will be provided 24 hours a day, 365 days a year. Some units may offer additional add on features including: fall detection, medication dispensers, bed mats, or wander guards.

Individual businesses should be contacted to inquire about their unit’s specifics and/or add on features.

Alert One

Sales- (800) 326-9727

-Or-

Order Toll Free (888) 981-9916

Guardian Medical Monitoring

(888) 349-2400

McLaren Visiting Nurse Lifeline

3140 West Campus Dr., Bay City MI 48706

(800) 862-3132

Mid-Michigan Home Care

802 N. Euclid Ave., Bay City MI 48706

(989) 891-5008

-Or-

Toll Free (800) 862-5002

Primary Home Care

635 N. Center Rd., Saginaw MI 48638

(989) 793-6674

-Or-

Toll Free (800) 454-5242

V.R.I. Lifeline of Michigan

(800) 860-4230

Visiting Nurse Special Services

3140 West Campus Dr., Bay City MI 48706

(800) 840-3147

Legal Planning

Legal planning is very important in everyone's life and should be done as soon as possible to avoid future issues related with legal documents and decisions. Attorneys that specialize in elder care law can help and explain issues related to Durable Power of Attorney for Health Care and Finances, Guardianships, Conservatorships, Wills, Trusts, and State Planning. The following is a list of attorneys located in the Bay Area, Midland and Saginaw area that specialize in Elder Law.

Chalgian and Tripp Law Offices

5820 Eastman Ave, Midland MI
(989) 423-1200

Robert J. Dunn, P.C

822 Washington Ave
Bay City, MI
(989) 894-1110

Gower Reddick Plc

514 E Midland St
Bay City, MI
(989) 894-0100

Seward Tally & Piggot PC

1009 Washington Ave
Bay City, MI
(989) 892-6551

Kim Higgs Attorney at Law

1001 Center Ave
Bay City, MI
(989) 892-0114

Lambert Leser Isackson Cook

916 Washington Ave
Bay City, MI
(989) 893-3518

Carol Thomas

5191 Hampton Pl.
Saginaw, MI 487604
(989)793-2300
www.attorneycarolthomas.com

Lakeshore Legal Aid

1(866) 552- 2889
Offers free legal help to seniors age 60 and over. Appointments are held at Bay County Division on Aging once a month. Assistance includes: Guardianships and Conservatorships; Power of Attorney for health Care documents; Wills; Deeds; Social Security, Medicare, Medicaid, & SSI issues; Housing and Landlord/ Tenant matters; Consumer fraud and scams; as well as Debtor / Creditor problems. Call toll free (866) 552-2889 or (989) 673-5651 for more information or to schedule an appointment.

Beggs Law Firm

Saturday Hours available
916 Washington Avenue #301
Bay City, MI
(989) 893-3221

Bay County Division on Aging
515 Center Avenue Suite 202, Bay City, Michigan 48708
(989)895-4100 –Or- toll-free (877)229-9960

The Bay County Division on Aging is dedicated to providing continued opportunities for the community's older adults by maintaining independence, offering social opportunities, and enhancing their lives through quality services in a cost-effective manner.

Programs and services include:

Caregiver Support and Education Program: This program is designed to help family members who are struggling to care for their loved ones who are ill or have disabilities. The caregiver is the focus of attention. Education on the physical, emotional and spiritual aspects of caregiving is provided. A major goal is to help the caregiver learn to take care of her/himself in order to preserve their ability to care for their loved one. The program offers specialized training materials for caregivers of those with dementia. There is no cost for the program; however, either the caregiver or the care receiver must be age 60 or over and resident of Bay County

Case Management: Case Managers complete in home visits to evaluate seniors' needs. Case Managers are able to help assist with access to programs such as Home Delivered Meals, Homemaking, Personal Care, Medicaid and Medicare questions, and referrals to other agencies and programs as needed.

Community Based Services: Services include: senior dining centers, volunteer opportunities, special events, and education/support groups. Contact the Division on Aging for details.

Home Delivered Meals: Home delivered meals can be provided to homebound seniors age 60 or older who meet eligibility requirements for the program. Meals are provided on a suggested donation basis.

Homemaking: Individuals age 60 or older who have physical limitations that prevent them from completing light housekeeping or shopping duties may sign up for the Homemaking Program. Services are targeted to those in greatest economic need and/or greatest social need. There is a suggested hourly donation for the service. Due to demand, there is sometimes a waiting list for this program.

Personal Care: Homebound individuals age 60 or older who need help with personal care services, such as bathing, shampoo, and limited nail care, may contact Bay County Division on Aging to request the service. Trained Home Health Aides visit the home to provide services. A Registered Nurse or Social Worker completes the initial interview to assess need, determine hourly fee or contribution schedule, and explain services.

Transportation: Bay County Division on Aging offers limited low-cost transportation assistance with a three day advance notice.

MI Choice **Medicaid Home and Community Based Waiver**

The waiver program is a long term care program that provides an array of home-based services for people 18 years of age and older who are medically eligible for nursing home care. It is designed to help frail elderly and disabled persons avoid unnecessary or premature nursing home care and to support family and private caregivers. *This does not include ongoing 24-hour care nor does it replace informal support.* This is a supplement to family, friends, neighbors, and other caregivers that make up the informal support system.

The waiver team, a Registered Nurse and a Licensed Social Worker, conducts a comprehensive assessment, develops a plan of care and arranges for appropriate supportive services to be put in place. The team regularly monitors the person's needs.

Waiver participants must be age 65 or older, or 18 and older and disabled. Through this program, eligible adults who meet income and asset criteria can receive Medicaid covered services like those provided by nursing homes, but can stay in their own home or another residential setting. They can receive the basic services that Michigan Medicaid covers, and one or more of the following services unique to the waiver:

Adult Day Care

Counseling Services

Homemaker

Out of Home Respite Care

Personal Emergency Response System

Environmental Accessibility Adaptations

Specialized Medical Equipment and Supplies

Chore Services

Home Delivered Meals

In Home Respite Care

Personal Care

Private Duty Nursing

Non-Medical Transportation

There are two sites in Bay County who administer this program. Please call for more information, or to place a referral:

A & D Home Health Care, Inc.

3150 Enterprise Drive

Saginaw, MI 48603

(989) 249-0004

1-800-884-3335

www.a-dhomecare.com

Region VII Area Agency on Aging

1615 South Euclid Avenue

Bay City, MI 48706

(989) 893-4506

1-800-858-1637

www.region7aaa.org

Support Groups

In a support group, members provide each other with various types of help, which is usually nonprofessional. Members have a shared and often burdensome life experience in common with each other. Support groups can also help to build social networks by giving members a chance to relate to others through sharing and listening to personal experiences.

Traditionally, support groups meet in person in small groups; however there are now support group forums on the internet which allow members the convenience of meeting online from their own home. Support groups may also maintain communication through newsletters, telephone, and mailing lists.

Support groups can serve educational purposes, offering practical tips and resources. Support groups can provide you with a safe environment to share your experiences with others who have experienced similar situations in their own lives. Support groups can give you a chance to let off some steam and can also validate that your feelings are “normal”. If after attending a support group you find that it does not meet your needs, try a different group.

Alzheimer’s/Dementia Caregiver Support Group of Bay County

Meets at Golden Horizons Adult Day Care Center,
1001 Marsac St. Bay City, MI 48708

Meets the second Tuesday each month from 6:30-8:30PM

Facilitator: Stacy McIntyre, LMSW (989) 892-6644

Bay County Dementia Information Line: (989) 892-4530

Online Alzheimer’s Support Groups

www.dailystrength.org

www.alz.org

www.ouralzheimers.com

www.alzconnected.org

For other support groups in our area call **McLaren Bay Regional Hospital** at (989)894-3000

Adult Day Care

Adult Day Care (ADC) allows caregivers to continue working outside the home, receive help with the physical care of a loved one, avoid the guilt of placing a loved one in an institution, and have respite from what is often a 24/7 responsibility. The care receiver also benefits from adult day care. He or she is able to remain at home with family, but does not require 24-hour care from the primary caregiver. ADC participants also have an opportunity to interact socially with peers and to share in stimulating & enriching activities.

A typical day at an ADC center could include: supervised care; small group or individual activities such as reminiscence, sensory stimulation, music and art; nutritious meals; personal care, and even transportation. It is highly recommended that you do your research. Visit the center. Some centers are dementia specific, which means that they provide services exclusively to that population; while other centers serve a broader population.

Golden Horizons Adult Day Care Center

1001 Marsac Street
Bay City, MI 48708
(989) 892- 6644

Linwood Residence

200 S 4th Street
Linwood, MI 48634
(989) 697-3344

Niche Aging Center and Adult Day Care

3405 E. Midland Road
Bay City, MI 48706
(989) 684-2273

Community Village

3200 Hospital Road
Saginaw, MI 48603
(989) 792-5442

Bickford Cottage of Saginaw Township

5275 Mackinaw Road
Saginaw, MI 48603
(989) 799-9600

Available funding: At present, Medicare does not cover ADC costs. The **Medicaid Waiver** program has the ability to cover ADC costs. Veterans should contact their local **VA Hospital (989-497-2500)**, as those with a service connection may be eligible for funding. Some of the ADC's in our area offer need-based scholarships. Others may offer a sliding-scale fee based on income. Individuals with long-term care insurance may also have an ADC benefit available to them.

Pharmacies That Deliver

Each pharmacy offers its own delivery options, prices, and discounts. Some of the pharmacies listed also offer specialty items, prepackaged “bubble packs”, and/or offer additional services such as filling of the patient’s own medication planners.

Please call the individual pharmacy for details on delivery charges, delivery area, delivery days and senior discounts.

Anderson Pharmacy

1108 Marquette Avenue
Bay City, MI 48706
(989) 684-8905

Kroger Food & Pharmacy

2910 Center Avenue
Essexville, MI 48732
(989) 892-0313

Country Drugs

362 State Park Drive
Bay City, MI 48706
(989) 684-8251

Kroger Food & Pharmacy

945 North Euclid Avenue
Bay City, MI 48706
(989) 686-3592

Drug Shop Pharmacy

Allen Medical Building
200 South Wenona Street
Bay City, MI 48706
(989) 892-2561

LaBrenz Pharmacy

1606 Woodside Avenue
Essexville, MI 48732
(989) 892-5491

Drug Shop Pharmacy

Bay Regional Medical Center
1900 Columbus Avenue
Bay City, MI 48706
(989) 894-3744

Layerer’s Pharmacy

1100 Columbus Avenue
Bay City, MI 48708
(989) 893-7579

Drug Shop Pharmacy-Medical Mall

1454 West Center Road
Essexville, MI 48732
(989) 895-4570

Maplewood Pharmacy

920 North Johnson Street
Bay City, MI 48708
(989)892-4531

McLaren Retail Pharmacy

200 S Wenona Street
Suite 100
Bay City, MI 48706
(989) 892-2561

McLaren Retail Pharmacy

4175 N Euclid Avenue
Bay City, MI 48706
(989) 667-2940

Rite Aid Pharmacy

3880 Wilder Road
Bay City, MI 48706
(989) 686-5800

Rite Aid Pharmacy

1490 West Center Road
Essexville, MI 48732
(989) 892-1565

Sabourin's Pharmacy

1461 South Huron Road
Kawkawlin, MI 48631
(989) 667-4877

Rite Aid Pharmacy

500 Lafayette Avenue
Bay City, MI 48708
(989) 892-5300

Rite Aid Pharmacy

901 West Midland Road
Bay City, MI 48706
(989) 684-9370

Southside Pharmacy

1002 Lafayette Avenue
Bay City, MI 48708
(989) 891-9999

Wackerly Pharmacy

310 E Midland Road
Auburn, MI 48611
(989) 662-7773

Physicians Who Make Housecalls

Do you remember “the good old days” when the doctor came to you when you were sick? Believe it or not, those good old days are still here!

The following physicians provide medical care to you when you need it and where you need it. Services are covered by Medicare and most other insurances. Please contact each provider to discuss your particular insurance coverage, deductible and co-pays.

Physicians Visiting Home Health Services

(989) 790-7300

Visiting Physician Association

(989) 667-8740

-or-

(888) 742-9346

www.visitingphysicians.com

Physicians In Home Services

(Dr. Fleetwood)

(989) 692-0780

-or-

(810) 239-7684

Northview Medical House Calls

(888) 758-5709

www.northviewmedicalhousecalls.com

DRS

(877) 423-6286

www.DRShousecalls.com

In Home Care (Private Duty)

At any given time, 70% of people with Alzheimer's disease and dementia are living in their own homes. Their ability to function independently will be gradually lost and in order to remain safely in their homes they will require assistance with their activities of daily living. In home caregivers can assist with daily tasks such as personal care, dressing and grooming, toileting, meal preparation, medication reminders, laundry, housekeeping, shopping and errands, and transportation.

Generally these services are paid for "out of pocket". Limited funding may be available through community programs such as the VA or the Medicaid Waiver Program. Other agencies may provide limited services and/or scholarships that can assist with funding. Long Term Care policies may also provide for care in the home.

Whether you are looking for care to come in for a couple hours a day, or a caregiver who will provide 24 hour care, we strongly urge you to check the background and references of each and every person who comes into your home. Please remember to also ask about licensing from the state and/or liability insurance. **Do your research!**

A&D Home Health Care

3150 Enterprise Drive
Saginaw, MI 48603
(989) 249-0929

All Saints Home Health Care

1800 South Euclid
Bay City, MI 48706
(989) 667-8801

Almost Heaven

1852 W. Midland Road
Auburn, MI 48611
(989) 662-7651

At Home Care For You

2626 W. Salzburg Road
Freeland, MI 48623
(989) 482-6632

Bayside Home Care

5103 Eastman Ave
Midland, MI 48640
(866) 436-3417

ComForCare Home Care

320 S. Washington
Suite 202
Saginaw, MI 48607
(989) 752-5501

Comfort Keepers

6 Wilder Road
Bay City, MI 48706
(989) 684-8448

Compassionate Care Home Health Services

6165 Bay Road
Saginaw, MI 48604
(989) 792-5400

Dobson Healthcare

3727 Wilder Road
Bay City, MI 48706
(989) 667-4772

Family Home Health

4760 Fashion Square Boulevard
Saginaw, MI 48603
(989) 249-0241

From The Heart Home Care

2880 South 2 Mile Road
Bay City, MI 48706
(989) 316-1487

Great Lakes Home Care Unlimited, LLC

1164 James Savage Road
Midland, MI 48640
(888) 242-4759

Heartland Home Care

1426 Straits Drive
Bay City, MI 48706
(989) 667-8137

Homewatch Caregivers

10344 Thor Drive
Suite C
Freeland, MI 48623
(989) 321-2704

In Your Golden Years

1014 Columbus Avenue
Bay City, MI 48708
(989) 892-7572

McLaren Home Care & Hospice

2110 16th Street
Bay City, MI 48708
(866) 323-5974

Mid-Michigan Home Care

802 North Euclid Avenue
Bay City, MI 48706
(989) 891-9005

Primary Home Care

Four Flags Office Center
635 North Center Road
Saginaw, MI 48638
(989) 793-6674

Right At Home Health Care

5103 Eastman Avenue
Suite 147
Midland, MI 48640
(989) 486-9556

Seasons Change Home Health Care

8201 Port Austin Road
Pigeon, MI 48755
(989) 856-2800

Southern Care Hospice

6272 State Street
Saginaw, MI 48603
(989) 790-7533

Visiting Angels

527 N. Franklin Street
Suite C
Frankenmuth, MI
(989) 652-6435

Visiting Nurse Special Services

502 South Hamilton Street
Saginaw, MI 48602
(989) 797-0828

Respite Care Facilities

Respite care refers to a short time of rest or relief. Some nursing homes, assisted livings, and other residential facilities offer short term stays of a few days or a few weeks. Please contact each site for details:

Bayfield Assisted Living

3932 Monitor Road
Bay City, MI 48706
(989) 684-9600

Linwood Residence Assisted Living

200 South Fourth Street
Linwood, MI 48634
(989) 697-3344

Bickford Cottage of Saginaw Township

5275 Mackinaw Road
Saginaw, MI 48603
(989) 799-9600

Saginaw Senior Care & Rehab

4322 Mackinaw Road
Saginaw, MI 48603
(989) 792-8729

Brookdale-Sterling House of Bay City

734 North Pine Road
Bay City, MI 48708
(877) 712-9968

Professional Assisted Living

1601 Garfield Road
Auburn, MI 48611
(989) 662-6866

Caretel Inns

Westside Saginaw Road
Bay City, MI 48706
(989) 667-9800

Adult Foster Care Homes

Adult Foster Care (AFC) homes offer 24-hour personal care, protection, and supervision for individuals who cannot live alone but do not need continuous nursing care. AFC homes are residential facilities which offer room and board, supervision, assistance with personal care, meal preparation, toileting, and medication. There are AFC homes that exclusively care for individuals with memory loss. Other homes provide general assistance for any adult needing assistance.

Remember that most AFC homes are privately owned and operated. AFC homes should be licensed and are regulated by the Michigan Department of Consumer and Industry Service to ensure that standards are followed.

There are many AFC homes in Bay County. For more information about the homes in Bay County please contact:

Region VII Area on Aging

1615 S Euclid Ave.

Bay City MI 48706

(800) 858-1637

-Or-

(989) 893-4506

www.region7aaa.org

Ask to speak with the housing coordinator. When calling, keep in mind these questions: Where are the homes located? What population do they serve? Does the home have any specialties? Are there any vacancies?

Department of Human Services

(D.H.S.)

(989) 895- 2100

Ask to speak with an “Adult Services” worker.

Skilled Nursing Facilities (a.k.a. Nursing Homes)

Nursing homes are facilities licensed by the Division of Licensing & Certification - Michigan Department of Public Health which provide nursing care and medical treatment.

There are two types of nursing home care: “skilled” and “basic”. “Skilled” care is provided by a licensed health professional, such as a registered nurse, physical, occupational or speech therapist. This care is ordered by a doctor. “Basic” care provides assistance with a person’s activities of daily living (ADL’s), including: skin care, grooming, bathing, toileting, feeding, and mobility.

Heartland Health Care Center-Hampton

800 Mulholland Rd.
Bay City, MI 48708
(989) 895-8539
Hampton@heartlandnusing.com
www.heartland-manorcare.com

Bay Shores Senior Care and Rehab Center

3254 E. Midland Rd.
Bay City, MI 48706
(989) 686-3770
www.bayshoresscr.com

The Carriage House of Bay City

2394 Midland Rd.
Bay City, MI 48706
(989) 684-2303
administrator@thecarriagehousebc.com
www.thecarriagehousebc.com

Bay County Medical Care Facility

564 W. Hampton Rd.
Essexville, MI 48732
(989) 892-3591
www.baycountymcf.com

Caretel Inns of Tri-Cities

6700 Westside Saginaw Rd.
Bay City, MI 48706
(989) 667-9800
sales@caretelinns.com
www.caretelinns.com

Huron Woods Nursing Center

1395 S. Huron Rd.
Kawkawlin, MI 48631
(989) 684-3210
scoughlin@peplinskigroup.com

*To review Nursing Home State Surveys go to:
“www.Medicare.Gov” then click on “Nursing Home Compare”*

Homes for the Aged

Homes for the Aged are facilities with at least 21 residents, offering room and board, supervision and personal care to people over the age of 60 who need assistance but do not require continuous nursing care. These facilities must be licensed by the state of Michigan. Generally, these facilities are paid for “out of pocket”. However, some long term care policies and/or VA programs may cover some of the expense.

Sheffield Place

4471 Sheffield Place
Bay City MI 48706
(989) 684-6800
www.sheffieldplace.com

Linwood Residence

200 Forth St.
Linwood, MI 48634
(989) 697-3344

Bayfield Assisted Living

3932 Monitor Road
Bay City MI 48706
(989) 684-9600
www.bayfieldassistedliving.com

The Colonnades

2448 Midland Rd.
Bay City, MI 48706
(989) 684-7060
www.thecolonnadesbc.com

Rachel Sovereign Memorial Home

(women only)
1014 Center Avenue
Bay City MI 48708
(989) 892-8493

Smith Street Assisted Living Home

1204 E. Smith St.
Bay City, MI 48706
(989) 297-0384

Sterling House of Bay City:

Brookdale Senior Living

734 North Pine Road
Bay City MI 48708
(989) 892-2600
www.brookdaleliving.com

Auburn Fields

4710 Stephanie Ct.
Auburn, MI 48611
(989) 662-4100
www.auburnfieldsliving.com

Auburn Heights Senior Care

110 N. Auburn St.
Auburn, MI 48611
(989) 662-2099

Plainview Assisted Living

202 Plainview
Auburn, MI 48611
(989) 662-7202

www.plainviewseniorneighborhood.com

Campau's Assisted Living

1601 S. Garfield
Auburn, MI 48611
(989) 662-6866

Niche Aging Center

3405 E. Midland Rd.
Bay City, MI 48706
(989) 684-2273

More Homes for the Aged can be found at "www.hseniorlivinghomes.com"

Dementia Care Homes

These facilities, often called “Memory Homes” specialize in the care of individuals with Alzheimer’s disease and related dementias. They are often the perfect solution for families seeking a safe, supervised and caring environment for their loved one with memory loss. Trained professionals assist residents up to a certain level of care, 24 hours a day with their activities of daily living, meals, and social activities.

Generally these homes are paid for “out of pocket”. However, some Long Term Care policies, the Medicaid Waiver program and/or VA Aid and Attendance may help to pay some of the expense.

Niche Aging Center

3405 E Midland Road
Bay City, MI 48706
(989) 684-2273

Clare Bridge Cottage A Brookdale Community

720 North Pine Road
Bay City, MI 48708
(989) 892-2600
www.brookdaleliving.com

Sheffield Place

4471 Sheffield Place
Bay City MI 48706
(989) 684-6800
www.sheffieldplace.com

Brenda’s Almost Heaven

3426 Barber Road
Bay City MI 48706
(989) 671-9941

Caretel Inn of Tri-Cities

6700 Westside Saginaw Road
Bay City, MI 48706
(989) 667-9800
www.caretelinns.com

Hospice

Hospice provides medical care, pain management, and emotional and spiritual support for people who are diagnosed with a terminal illness, including people with Alzheimer's disease and other dementias. The main purpose of hospice is to allow the individual to die with dignity; without pain and other distressing symptoms that accompany terminal illness. Most hospice patients receive care in their own home; however hospice is available wherever the person resides. Medicare is the primary source of payment for hospice care. In 2008, 6% of all people admitted to hospice programs in the U.S. had a primary diagnosis of Alzheimer's disease. An additional 11% had a primary diagnosis of non-Alzheimer's dementia.

Hospice vs. Palliative Care

Palliative care focuses on the relief of pain, stress and other debilitating symptoms of serious illness. It is not dependent on prognosis and can be delivered at the same time as curative treatment. The goal is to relieve suffering and to provide the best possible quality of life for patients and their families. Many, if not all of the aforementioned agencies also administer palliative care programs.

Americans Hospice Care

2575 Mcleod Dr. N.
Saginaw, MI 48604
(989) 791-4575
www.ahhcmi.com

Heartland Hospice

1426 Straits Dr.
Bay City, MI 48708
(989)667-3440
www.heartlandhospice.com

Toni and Trish House
PO 125 Auburn, MI 48611
(989) 662-6400
www.toniandtrishhouse.org

**Mid Michigan
Homecare/Hospice**
4000 Wellness Drive
Midland, MI 48670
(800) 572-2269

**McLaren Home Health
Care**
2110 16th Street
Bay City, MI 48708
(989) 667-2322

Grace Hospice
1484 Straits Dr.
Bay City, MI 48708
(989) 686-9866
ghospice.com

**Home & Hospice
Advantage**
401 Center Ave. Ste 130
Bay City, MI 48708
(989) 893-0500
www.m.hospiceadvantage.net

Southern Care Hospice
6272 State Street
Saginaw, MI 48603
(989) 790-7533
www.southerncaresinc.com

**Bay Visiting Nurse and
Hospice**
(989) 895-4700

**VNA Hospice – Covenant
Healthcare**
(989) 583-0000

Bay Medical Care Facility
564 W. Hampton Rd.
Essexville, MI 48732
(989) 892-3591
www.baycountymcf.com

For more information contact:

Hospice of Michigan
(888) 247-5701
www.hom.org

-OR-

Michigan Hospice and Palliative Care Organization (M.H.P.C.O.)
(800) 536-6300
www.mihospice.org

Miscellaneous Community Resources

A.G.E.S. – Ambulatory Geriatric Evaluation Services – program consists of a physician, nurse, social worker, physical therapist and dietitian. Free comprehensive assessment and consultation service. To schedule an evaluation call (989) 583-6849 or 1(866) 410-AGES.

Alzheimer’s Helpline- 1(800) 272-3900.

Alzheimer’s Store- 1(800) 752-3238 or visit www.alzstore.com.

Brain Autopsy Services- 1(800) 272-3900 for more information.

Driver’s License Recall- To report a person of any age who cannot drive safely, fill out Form #OC88 at any Secretary of State office. This may not be anonymous.

Driving Tests- The Center for Rehabilitation in Bay City (989) 667-6600 and/or Covenant Driving Evaluation (989) 583-6386.

Hospital Hospitality House- A non-profit organization providing out-of –town families and patients receiving medical services in area hospitals with a home away from home. Both Covenant and St Mary’s have homes. Check with the hospital that you are working with for more information.

Project Lifesaver- A GPS monitoring program for those at risk of wandering away. Call the Arc of Bay County at (989) 893-1346.

“Safe Return” - A nationwide program, through the Alzheimer’s Association, that provides 24/7 assistance to a person who becomes lost. Call 1(800) 272-3900.

VA Aid and Attendance – Veterans (or their surviving spouse) may be eligible for a monthly cash benefit to help with their medical expenses or care needs. Call (989) 895-4189 and speak to an eligibility specialist.

Recommended Readings by The Alzheimer's Association

The Alzheimer's association offers a lending library in each of its regional offices or through its web you can find additional resources about Alzheimer's and themes related.

- *A Dignified Life: The Best Friends Approach to Alzheimer's Care, A guide for family Caregivers.* Virginia Bell and David Troxel, 2002
- *A Personal Guide to Living with Progressive Memory Loss.* Sand Burgener and Prudence Twigg, 2007.
- *A Return Journey: Hope and Strength in the Aftermath of Alzheimer's.* Sue Petrosky, 2003
- *Ageless Outings- Summary of Ageless Outings- Destination Planning Chart & Appendix of Destinations Listed Alphabetically.* Maureen Wells, 2002
- *Alzheimer's: A Caregiver's Guide and Sourcebook.* Howard Gruetzner, 2001
- *The Memory Cure: How to Protect your Brain against Memory Loss and Alzheimer's Disease.* Majid Fotuhi, 2000
- *Through the Wilderness of Alzheimer's: A Guide of Two Voices.* Robert and Anne Simpson, 1999
- *The Best Friends Book of Alzheimer's Activities. Vol 1 & 2.* Virginia Bell, David Troxel, Robin Hammond, Tonya Cox, 2008
- *The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease, Related Dementing Illnesses, and Memory Loss in Later Life.* Ms. Nancy L. Mace, MA and Dr. Peter V. Rabins, MD MPH, 1981.

Other titles suggested by the Alzheimer's association may be available in bookstores near you.

Helpful Websites

www.aoa.org	www.ethnicelderscare.net
www.alz.org	www.everydayhealth.com
www.alzforum.org	www.fpanet.org
www.alzfdn.org	www.johnshopkinshealthalerts.com
www.alzheimersplaybook.com	www.kindreminder.com
www.alzheimersdisease.com	www.mayoclinic.com/health/alzheimers
www.alznews.org	www.nia.nih.gov/alzheimers
www.alzstore.com	www.projectlifesaver.org
www.caregiver.org	www.saginawlibrary.org
www.dementiacarecentral.com	www.thefamilycaregiver.org

Movies

- ✚ A Song for Martin (2001)
- ✚ Aurora Borealis (2006)
- ✚ Away From Her (2007)
- ✚ The Forgetting: PBS Video (2004)
- ✚ The Notebook (2004)
- ✚ The Alzheimer's Project (HBO)
- ✚ Robot & Frank (2012)
- ✚ Still Alice (2014)

The Bay County Division on Aging and Golden Horizons Adult Day Care Center make no representation that this guide is absolutely accurate or complete. Errors and omissions, whether typographical, clerical, or otherwise, do sometimes occur. The listing of an agency is not an endorsement of its work, nor is the exclusion of an agency a disapproval of its work.

Copies of this resource manual can be accessed at:

Bay County Division on Aging

Website: <http://www.baycounty-mi.gov/Aging/>

(989) 895-4100

-OR-

Golden Horizons Adult Day Care Center

Facebook Page: <https://www.facebook.com/goldenhorizonsadultdaycarecenter>

(989) 892-6644