Diabetics Education

presented by: Heartland Hampton Manor

Canteen Activity Center, will be extending an invitation to Erica Wood from Heartland Hampton Manor to talk about reading food labels, what you should know to decipher the information on the label's and how all this affects our health. Bring your questions. This valuable information is a tool for knowledge and awareness giving you piece of mind.
We welcome the 60 plus population for this educational session.
Stay and enjoy lunch after program.

Tuesday, February 13, 2018

Location: Canteen Activity Center
800 Livingston Avenue
Bay City, 48708

10:00 program
12:00 noon Lunch

$2.50 suggested donation
(60 years & better)

Lunch offers choice of main entrée or salad or sandwich:
See Wonderful Times Newsletter for selections or consult the Site Coordinator

Call Jane for any transportation requests or to make reservations at **892-6605**,
Tuesday, Wednesday and Thursday's from 9:30 a.m.—1:00 p.m.
Visit our web page at www.baycounty-mi.gov/aging/ for more exciting opportunities
Like us on Face book @ Bay County Department on Aging

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Name: _____ phone #: _____

Address or email: _____ Amount Paid: _____

Indicate menu choice Entree _____ Salad _____ Sandwich _____

Eligible (60 yrs. & better) _____ Non Eligible (59 yrs. & under) _____

Indicate if a Release and Waiver of Liability is on file: Yes _____ Need to Sign _____
only need one release on file

Individuals with disabilities may request auxiliary aids/services by contacting ADA Coordinator Amber Davis-Johnson @ (989) 895-4131 by providing 10 days notice to the County of Bay before the scheduled event. Diabetics Education 2018