



Bay County Division on Aging ~ presents  
*In service opportunity for Volunteers, Caregivers, and Seniors*



**Informational Session on  
 Essential Oil Benefits & Uses**

Jan Doerr, Owner/ND (Naturopathic Doctor) at Health Naturally, will speak on essential oils and how they can improve your health naturally. Essential oils have many other uses ranging from relaxation, cleaning products, personal beauty care, and natural medicine treatment. She will explain how all essential oils are not created equally and why it is important to know those ratings. Bring your questions and plan to eat our delicious noon meal prior to this interesting topic.

**Wednesday, March 29, 2017**

Times: 12:00—12:45 p.m. Lunch  
 12:45—1:45 p.m. Program  
 2:00—3:00 p.m. Caregiver Meeting



Location: Riverside Activity Center  
 800 J. F. Kennedy Drive  
 Bay City, 48706

Space is limited so get your registration in early.  
 \$2.50 suggested donation (60 yrs & better) for lunch  
 fee: \$4.75 (59 yrs. & under)



Menu: Entrée~ Hawaiian Meatballs, Fried Rice, Veggies, Pineapple Chunks, and Beverages  
 Or choice of: Salad~Taco Salad or Sandwich~Turkey Pita

To make reservations and/or transportation requests call Sandy at (989) 893-7070.  
 Reservation's must be made to attend by calling or filling out the detached section, no later than  
 Monday, March 27, 2017

For more information on this and other programs offer from the Division on Aging visit our webpage at  
[www.baycounty-mi.gov/aging/](http://www.baycounty-mi.gov/aging/)  
 Like us on Facebook: [www.facebook.com/Bay County Division on Aging](http://www.facebook.com/Bay County Division on Aging)

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Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email or Home Address: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

indicate menu choice: entrée \_\_\_\_\_ salad \_\_\_\_\_ sandwich \_\_\_\_\_

Indicate category: Senior \_\_\_\_\_ Caregiver Participant \_\_\_\_\_ Division on Aging Volunteer \_\_\_\_\_

Check if Release and Waiver of Liability is on file: Yes \_\_\_\_\_ Need to sign \_\_\_\_\_  
 (only need one release form on file)

individuals with disabilities may request auxiliary aids/services by providing 10 days notice to the County of Bay before the scheduled event. Request should be directed at 989 895-4098. In service for March 29