

Bay County Division on Aging ~ presents  
*In service opportunity for Volunteers, Caregivers, and Seniors*



What you should know:  
**Just The Facts of Aging**

Bonnie Fritz, LPN, Nurse/Educator at Golden Horizons, will explore the common myths and misconceptions of aging. What are some things we can do to stay current and involved? How do we not let age define us? Come and enjoy lunch and then let's listen and discuss the aging facts versus myths. Question and answer to follow.

**Thursday, May 21, 2015**

Times: 12:00—12:45 p.m. Lunch  
 12:45—1:45 p.m. Program  
 2:00—3:00 p.m. Caregiver Meeting

Location: Riverside Dining Center  
 800 J. F. Kennedy Drive  
 Bay City, 48706

Space is limited so get your registration in early.  
 \$2.50 suggested donation (60 yrs. & better) for lunch  
 fee: \$4.75 (59 yrs. & under)



Menu: Entrée~ Sloppy Joes on Whole Wheat Bun, Fries, Corn, Cherry Applesauce, Chocolate Chip Cookie, Beverages  
 Or choice of: Salad ~ Chicken Salad or Sandwich~ American Club Wrap

To make reservations and/or transportation requests call Sandy at (989) 893-7070.  
 Reservation's must be made to attend by calling or filling out the detached section, no later than  
 Tuesday, May 19, 2015  
 For more information on this and other programs offer from the Division on Aging visit our webpage at  
[www.baycounty-mi.gov/aging/](http://www.baycounty-mi.gov/aging/)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email or Home Address: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

indicate menu choice: entrée \_\_\_\_\_ salad \_\_\_\_\_ sandwich \_\_\_\_\_

Indicate category: Senior \_\_\_\_\_ Caregiver Participant \_\_\_\_\_ Division on Aging Volunteer \_\_\_\_\_

Check if Release and Waiver of Liability is on file: Yes \_\_\_\_\_ Need to sign \_\_\_\_\_  
 (only need one release form on file)

individuals with disabilities may request auxiliary aids/services by providing 10 days notice to the County of Bay before the scheduled event. Request should be directed to Tim Quinn at 989 895-4098. In service for May15