

Williams Activity Center

presents

Wellness Cooking Demo with Chef Rumsey

Williams Activity Center will be offering an Aging Well Cooking Demo with Chef Rumsey from Caretel Inns. We all love desserts and he will demo a healthy one. Featured are crepes filled with raspberry and drizzled in dark chocolate.

A delicious and impressive treat.

Reserve your spot with a delicious lunch after program.

This invitation is extended to all people 60 years and older.

Location: Williams Activity Center, 1080 W. Midland Rd, Auburn, 48611

Wednesday, May 23, 2018

Time: 12:00 noon—Lunch
12:30—1:15 p.m. Demo

Lunch suggested donation:
\$2.50 (60 years & better)

Menu: Choices of Entrée, Salad or Sandwich

Call Site Coordinator for meal choices or visit our webpage, menu also in the Wonderful Times

Call Velda for any transportation requests and reservations at 662-6521
or main office at 895-4100 or toll free 1-877-229-9960.

Visit our web page at www.baycounty-mi.gov/Aging/
Like us on Facebook @ Bay County Department on Aging

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Name: _____	Phone # _____
Address: _____	Amt. Paid: _____
Indicate menu request:	Entrée: _____ Salad: _____ Sandwich: _____
Indicate if Release and Waiver of Liability is on file: Yes _____ Need to Sign _____ (only need one release on file)	

Individuals with disabilities may request auxiliary aids/services by contacting ADA Coordinator Amber Davis-Johnson @ (989) 895-4131 by providing 10 days notice to the County of Bay before the scheduled event. Williams cooking demo 2018