

Spa Hand Scrub Making Class

Canteen Activity Center, will be extending an invitation to Erica Wood, from Hampton Manor Care. Scrubs are used to exfoliate dead skin from the bodying, leaving fresh skin behind and nourishing that skin with herbal ingredients. Join Erica in a spa day of making your very own scrub. The benefit of making your own offers the opportunity to know exactly what is in and the pride of making it yourself. Reserve for lunch. Bring your questions. We welcome the 60 plus population for this educational session.



Thursday, October 26, 2017

Location: Canteen Activity Center
800 Livingston Avenue
Bay City, 48708

12:00 noon Lunch
12:45—1:30 p.m. Class

\$2.50 suggested donation
(60 years & better)

Lunch offers choice of main entrée or salad or sandwich:
Entrée: Chi Chi Chili, Crackers, Baked Potato, Beans, Apple Slices w/caramel dip
Salad: Spinach Sandwich: Turkey Cranberry Pita

Call Jane for any transportation requests or to make reservations at **892-6605**,
Tuesday, Wednesday and Thursday's from 9:30 a.m.—1:00 p.m.
Visit our web page at www.baycounty-mi.gov/aging/ for more exciting opportunities
Like us on Face book: www.facebook.com/Bay County Department on Aging

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Name: _____ phone #: _____

Address or email: _____ Amount Paid: _____

Indicate menu choice Entrée _____ Salad _____ Sandwich _____

Eligible (60 yrs. & better) _____ Non Eligible (59 yrs. & under) _____

Indicate if a Release and Waiver of Liability is on file: Yes _____ Need to Sign _____

only need one release on file

Individuals with disabilities may request auxiliary aids/services by contacting ADA Coordinator Amber Davis-Johnson @ (989) 895-4131 by providing 10 days notice to the County of Bay before the scheduled event. Hand Scrub Class