


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>(1) CONNIE'S VEGGIE CHEESE SOUP (16) Mixed Vegetables (11) Garlic and cheese biscuit (10) Apples (16)</p>	<p>(2) BAKED TURKEY (3) Mashed Potatoes (17) w/Turkey Gravy (2) Kyoto Blend Veggies (9) Chocolate Pudding (27)</p>	<p>(3) HOT DOG (1) Whole wheat bun (19) Corn (19) Peach Cobbler (45) Potato Chips (15)</p>	<p>(4) 4th of July ALL ACTIVITY CENTERS AND OFFICES CLOSED</p>	<p>(5) GRILLED CHICKEN SANDWICH (29) Cheesy Mashed Potatoes (16) Colorful Peas and Carrots (9) Lemon White Chocolate Cookie (24)</p>
<p>(8) SCRAMBLED EGGS (3) Sausage Links (1) Seasoned Cube Potatoes (20) Cinnamon Roll (10) Orange Juice Box (13)</p>	<p>(9) CHI CHI CHILI (22) Saltine Crackers (5) Oven-Baked Potato (33) Wax Beans (5) Pineapple Chunks(18)</p>	<p>(10) BAKED PORK CHOPS (1) Loaded Potatoes(16) Broccoli Florets (4) Apricots (15)</p>	<p>(11) OLD-FASHIONED MEATLOAF (12) Ranch Potatoes (16) Corn (21) Whole Wheat Bread (10) Mandarin Oranges (16)</p>	<p>(12) PIZZA CALZONE (34) Italian Blend Vegetables (5) Fresh Tossed Salad (3) Strawberry Yogurt Cup (13)</p>
<p>(15) MEATBALL STROGANOFF (18) Buttered Noodles (13) Mixed Vegetables (11) Fruit Cocktail (17)</p>	<p>(16) BEAN & HAM SOUP (25) Diced Carrots (7) Chocolate Chip Cookie (27) Low -Sodium V-8 Vegetable Juice (6)</p>	<p>(17) SAUCY VEAL PARMESAN (23) OVER SPAGHETTI (20) Green Beans (5) Diced Pears (18)</p>	<p>(18) CRISP CHICKEN FINGERS (20) Down Home Fries (15) Scandinavian Blend Veggies (7) Oreo 4 ct (33)</p>	<p>(19) PEPPER STEAK (10) Steamed Brown Rice (16) Broccoli Florets (4) Grape Juice Box (20)</p>
<p>(22) HUNGARIAN PORK CHOP (6) Buttered Noodles (13) Spinach (5) Clementine (9)</p>	<p>(23) CHICKEN ENCHILADAS (20) Roasted Corn and Beans (14) Spanish Rice (25) Snickerdoodle (28)</p>	<p>(24) HAMBURGER GRAVY (9) Mashed Potatoes (17) Brussel Sprouts (6) Applesauce (23) Whole Wheat Dinner Roll (23)</p>	<p>(25) ROASTED PORK LOIN (0) Mashed Potatoes (17)w/ Pork Gravy (2) Peas and Carrots (9) Whole Wheat Bread (10) Chocolate Pudding (27)</p>	<p>(26) BBQ CHICKEN BREAST (14) Redskin Potatoes w/onions (23) Corn (21) Pineapple Orange Delight (31)</p>
<p>(29) PHILLY BEEF SANDWICH (24) ON A WHOLE WHEAT BUN (19) Diced Redskin Potatoes w/Onion(13) Riviera Blend Vegetables (6) Strawberry Kiwi Slushie (22)</p>	<p>(30) DEVILED PORK CHOPS (21) Buttered Rotini Noodles (42) Southern Succotash (20) Pineapple Chunks (18)</p>	<p>(31) SLOW-COOKED BEEF POT ROAST (2) Mashed Potatoes(17) w/Beef Gravy (2) Stewed Tomatoes (15) Whole Wheat Bread (10) Apple (21)</p>		

All Meals at the Activity Centers served with Fat-Free Milk (13)

Number next to the menu item indicates carbohydrate count.

Menu is subject to change without notice.

Be advised menu items may contain nuts.